

**Counselling Cell**  
**Schedule for the Workshop of Teachers**

Teenagers: “Issues and Challenges related to Mental Health”

<b>Day</b>	<b>Date</b>	<b>Duration</b>	<b>Speaker</b>	<b>Sessions</b>
Saturday	17.12.2011	11.00 am – 1.30 pm	Dr. Ajai Singh	“Teenager General mental health issues and their treatment”
Monday	19.12.2011	1.00 pm – 5.00 pm	Dr. Ajay Tamhane	“Ice Breaking” – “knowing one self and knowing others”
Tuesday	20.12.2011	1.00 pm – 5.00 pm	Mr.. Kapil Lalit	“REBT - for us and for our students”
Wednesday	21.12.2011	1.00 pm - 3.00 pm 3.00 pm - 5.00 pm	Dr. Harish Shetty Mr. Ashish Naik	“Generation of emotional wealth” “Mental health-from the eyes of parents”
Thursday	22.12.2011	1.00 pm – 3.00 pm 3.00 pm - 5.00 pm	Dr. Ashish Deshpande Prof. (Mrs.) Suchitra A. Naik	“Why youngsters behave the way they do” Open session
Friday	23.12.2011	1.00 pm – 4.00 pm 4.00 pm – 5.00 pm	Dr. Shrirang Joshi Prof. (Mrs.) Suchitra A. Naik	“Effective Counselling of teenagers” Concluding sessions