

विद्या प्रसारक मंडळ
स्थापना • नीपाळा • ठाणे

व्ही. पी. एम्.

दिशा

df©AnR-dv/AH\$ 3 / \6~clmar 2007

gfmXHs`

AW@H\$en

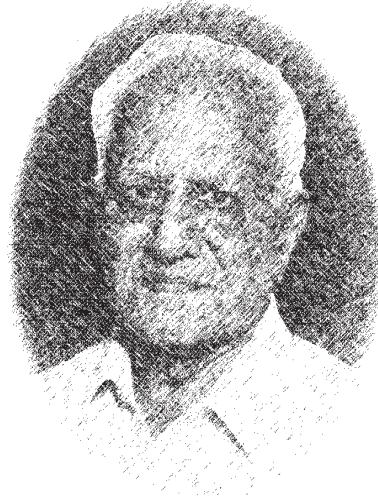
{XenA` m\6-clmarMmAf\$AmUmn` V nmM{dE` ng {db\$- hnlv/ Anho E` m-0b {XbJra Anhnv. {XenA` m AnOdaA` m dnoMnrbV` aW_M BVH\$m Cera hnlv/ Anho` nMr OnUrd Anho

nM©{hZm COmSVm, COmSVm à{VdfmR` m {adnOmZyga H\$Dr` AW@H\$en g\$Xog gmKa H\$aE` nV Anbm gd@_nV` Znbl\$Xna dJnR` mAnj mAgVnV E` m@m_@` nZoAmi H\$anVrb gdbVr~m-V d n0ab {SPbogh OrdZndi` H\$ Jin` s` ndnV hnlv` m-m-V! _hmJnBMoncén nnhVm` nV Jp H\$hr Znhr. nU àW_XeZr Var` mAnj mnU@nVrb Agm{Xbngm` mAW@H\$enmZo{XbbmZnhr, Aer gm_nV` nZr {Xbbr à{V{H\$ m Anho

` m gX` nV H\$a Z` ^aUnam qH\$dm On{UdndP\$ H\$a Mh\$duam Agm OnoEH\$ _nRm dJXenV Anho E` nVm AW@_j n0` nZo{dMma H\$and` ng hdm ` m dJn@nR` dol i r H\$aàUnbr Agm` bm hdr. H\$a Z` ^aUoqH\$dm VmMh\$ dUoAemd` nR` m` mUgn\$` i oXenA` m àJvR` m d0nda Z` \$M à{VH\$ n[aUm` hnlv/no

H\$D engZmZo` m-ano-a Á` ò>Zm[aH\$H\$` m àiZ@Am` amYnV` nZod dol i m{dMma H\$and` ng hdm, Aer H\$ni nMr JaO Anho OJ^anMr bnbH\$g\$` m{dMnanV KVbr Va E` m bnbH\$g\$` Vrb EH\$ {d{ei>^m Á` ò> Zm[aH\$H\$M Anho E` nMr g\$` m OJ^aM Pnn0; nZodmV Anho EH\$H\$S@Am` w nZ` dntV AnhoVa` nUg H\$ni j` _anhE` nMod` no nZ` I n0r` V Anho àXfU, VnUVUndnogh AZbH\$ g_n` nMm JVm Agm AnhoH\$ _nUgnMr H\$ni j` _VmbdH\$a g\$z AWn0Z` j` _VmK0V Anho E` m` i` o` mK0H\$Mm{dMma` am_@` nZdH\$and` ng hdm E` nMoAmi H\$anmì CEnP` hmK0H\$ Va Anhm, E` nM~ano-a E` nZm{Xe` m OnUne` mBVa gn0 r, gdbVr, d` nMr AQ>` m-m-VÀ` m YmUnMm gdP\$F` nZ{dMma Andi` H\$ Anho

ñdBZ grH\$raV Anho..



hoñdBZ ZihohEh\$ni` °\$sVo! VoAnhog_nOnVrb {dMnac\$yVn\$lo
 hoñdBZ Zihoh_h\$ Xr_Zrie`nMo VoAnhol {H\$`nDZnMo
 hoñdBZ Zihoh_wendb\$yVn\$lo ZihohVoAmanf_Vn\$lo
 ZgoVo\shndë`mj Un\$lo JibOma JnKrV {dgnclVn\$lo
 VoAgoAh{Z@ I_nMo VgoVoAgol_nmngH\$H\$lo
 gXmÜ`ò Ü`ngt_¾ È`nMo!
 hoñdBZ Zihoh`{°\$d^dnlMo ZgoVoAnE_JrpdnlMo
 VoAgoag_nOnVrMo AgoVo`wmlrpdnlMo
 hoñdBZ Z {XgoEH\$nj Ut, Z EH\$H\$XZt,
 Z EH\$`n_Zr
 {XZamì`_mZgr ñ`lao gVV {ZEmZmehr V|H\$ar !
 hoñdBZ ZgogmZibg ZgoVoMnH\$Xr`-ñYbo
 VoAgo `^i`VmO`nMr_hmZ, gr_mO`nMr Añ_mZ !
 hoñdBZ OgoAm_nMo AgndovgoCnprñVn\$lo
 _ñXV_Zt gnñduJV Anb|H\$aVn\$
 ñdBZ {XgognH\$raVo
 AnU hoñdBZ H\$goAnhoVorhm-
 Amgnr\$>^y_r H\$X@t {OWoKriU
 Üm gnOaoAnO VnVoñi`_mZ
 kmZgyj`WocJdbm, AkmZ A\$ra bmmbm,
 {XZamì`àH\$re Anu, AñV Z O`mH\$penbm
 ^i`dnñVjBWognH\$raVr, ñi`O`nM|_hmZ,
 {eèhr O`nMo{defkmZ X\$| Vr
 _Zr OogOnU,

ñi` Xd Vn\$OnUdo^i`Vm àngnK OUjgañdVrMm
 kmZdrUm{OWoPñ\$raogXngdXm
 ~JrMo{OWo-haVr \bml\bn\$rao\$Ja\$|Vr,
 CUmZt~haVr Vn\$slq H\$raOr {OWo\shnaVr.
 `wml`mVtMo_¾ Kmì H\$, ñdBZ a\$|{dVn\$¾ Oo_mZgr
 ñdBZ V`nMoAnH\$ra KB;AZmmJ`àna\$`Wm hmb`
 AnMm`AnU`ànMm`gXmBW|a\$|Vr
 {dkmZg|t gXmO`nMr dnñhbr_Vr,
 H\$bncl\$y, gañdVrMoVY_Ur, VgodfknZH\$hmZ;
 BWoOY_Vr à{V^mO`nMr XKRb`_mZ
 ^Xb-gmJa-g{ZH\$, dm`mñ hr BWoZ_{Vr
 e{°\$`{°\$O`nMr ^naV`nVn\$Vr
 Zd_mZd, ZdZmJ|aH\$, à`ÈZt BWoKS_Vgo
 gE`, {ed, gKa O`nMoAUmUt dgo
 ~nbH\$Vd {eew \$Xar Xnñ b hmb\$
 {dUm_\$Xar Xn\$>V`nMr Z anU Vn\$
 Zd`mH\$hm`ad{eVn\$|dUmO_hmUma
 ñdBZ Am_nMoV`m`nMr hmb`gnH\$ra
 Zd`mH\$hm`naV`mgnm`ihndm,
 ~{O O`nMr, e{°\$O`nMr ^naV`mRadm

वा.भा.वेदीकर



df©AmRxd/Af\$ 3/ \~-dmar 2007

gfnKH\$ Sñi {dO` ~6H\$	AZH\$_{UH\$m	
H\$mñ Af\$mar gfnKH\$ I r. _nbZ nnRH\$	1) `nolr I r AaqdX (bd nfi\$ MdWm)	I r. eš~m _R> 3
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H\$mñ mē` {dUmàgmaH\$_\$i Sñi ~6H\$ {dUm_\$Xa ZmnnSñ RñJo- 400 602 XpÙdZr : 2542 6270 www.vpmthane.org	3) `nbmOrdZ EgoZnd	I r_Vr nUm_bxi o 14
DU nwi : na\š0>qà0g? Zp~m~mXJnfanS> RñJo XpÙdZr : 2534 1291 2541 3546 Email : perfectprints@gmail.net	3) H\$bnl` mnH\$hm C(InòV, OmV..	gm\$Oar XnSb\$ 17
	\$4) JrVnB©	I r_Vr Arrem{^Sø 19
	5) H\$nb[Zü` ZngnR\$ Cn` f\$ RaUnam _hEdmMmg\$^@9W	nm _nbZ nnRH\$ 21
	6) _ZnVrb hnd	I r. _nbZ nnRH\$ 23
	7) {dní` Zm	I r. JnEfi\$m AnMm© 26
	8) AmYqZH\$ Jñmb` nV _r Krb(dbbbo XnZ Vng	I r. I rH\$U JnqDX nmaZnBP\$ 29
	9) ñ_aUe°\$ dnt{dUmao_XMoì` m m_	32
	8) n[aga dnVmf	33
	`mAfi\$ñV ì` °\$ Pncrcr _VoÈ` mcd H\$M/r dj; {°\$H\$_VoAgz È` m_Vnfer gfnKH\$ gh_V AgVrcM AgoZnhr.	

AmdmZ

{dUmngmH\$ _\$i , RstJohr g\$WmRst` nV Jlor 70 dfinz A{YH\$ H\$ni
{ej Uj d`nV H\$ni P\$arV Anho _anR\$ d B\$JOr emi n\$-ano-aM H\$om, dmfUA` , {dknz
d {dYr emi nMr _hr{dUmb` q V\$ {ZH\$VZ d g\$UH\$ Aa` ng H\$«AemgdndrU
{ej UnMr i` dnWmg\$WZohlor Anho nmR\$nmVH\$` {ej Um-ano-aM {dUm i` nA` m
A\$MoH\$om, H\$S\$B. j d`nVrb JW {dH\$gV ihndv ahUz g\$Wm{d{dY CnH\$_
am-drV Anbr Anho `mgdnA` mn[aUm nd\$sn g\$Wm{dUmVU Aa` ng d Aa` ngVa
narj md nnYn CIm `e { _i drV Agz g\$Wmo_nOr {dUmVU g_nOmV {d{dY
j d`nV H\$ni adU Anhv.

AnO Qs. i.h.r., pih{SAnp {gZomd VEg_ {Z` VH\$fbH\$ ^ndmXr, ZrVhrZ
g\$H\$VrMm agma H\$aE` nV AJga Anhv. `nCbo>{dYm H\$, g\$H\$Vaj H\$ {dMma
nmMdVrb Aer _nU` _oAeng\$` Anhv. CUmMoZmJ[aH\$ ~ZUnè` m g\$H\$raj _
{dUm i` nZmdMn[aH\$ I nU nacdndq È` nA` nV B\$PmRZ_nB ihndr d È` nZr AWnOZ d
i` ndgm` H\$ `em-ano-aM gm_n{OH\$ H\$ni` gmyndq `m C0emzo_\$i mZo"Xent ho
{Z` VH\$fbH\$Ob; 1996 nngz g\$H\$H\$boAnho

AnnU `m n{gH\$Mo dJOrXm hndZ qH\$dm `m n{gH\$V OrphanV
XD\$Z Am A` m H\$ni nBm hnl^na bndndm hr {dZYr ! VgM Annè` m A_je`
XW½ mXD\$Zhr AnnU {XengnR\$ hnl^na bndyeH\$Vm

g\$nmXH\$, {Xem
{dUm agmaH\$ _\$i , ZnpnS, RstJo
XpUdZr ... 2542 6270
Q\$an ... dJOr OrphanV dmXWJrMr a_ \$ Mbt\$ZonnR\$ndr.
YZnke (Mbt\$) ""{dUm ngmH\$ _\$i A/c {Xent'
`mZndmZonnR\$ndm

dm{fR\$ dJOr é. 250/-
gXa A\$H\$Mr {H\$aH\$ni
{dH\$Mr qH\$_V é. 25/- \\$.
dJOr nmR\$dVmZmAnbm
nyU`Inn {nZ H\$S>d
XpUdZr H\$ni dndm

mr Ir AaqdX (bd nH\$ MdWm)

mr AaqdX `n`mM[a~Mmni`b ^mJ `WoxW AnhnW - gfmKH\$

H\$hr {def KQZm

H\$_mJZ^2 H\$m`n`mVr PSYr KJo d
IrAa{dXnZmAQH\$H\$UchoengZnMo~V hnb/o IrAaqdX
nir`A`m I d rA`m {dMmanV hnb/o E`ngm AmXe
{i nbm,'M\$ZJabmOm, E`ngmhmAmXe Eht\$ Ambm
hr Xpr dnr Ur Vonni rV AgV. Xhm {ZQmV J\$nmVra
Jmiz Vo\m ^naVnV`m M\$ZJang OnUn`m ZnHda
MTbo M\$ZJanV VoJanUobniz anhb 1910 gnr
Ambm Rnd{R\$H\$Um e`bom bmdyZ`o ahUy` dna\$ma
{ZdngnWnz ~XbV AgV. VVrb _nVrbnb am`ngz
hr gnar i`dnWmH\$br. H\$_mJZ^2A`mgfmKH\$mMoH\$m
^JZr {ZdXVm`ngz ;`mdoAgol rAaqdXngz H\$ {dbo

`mgne`mJS>S\$V Ambr gnyZm IrAa{dXnZr
MrbYRdbbr hnb/r. gE` {eH\$`ngnr IrAaqdX`m
YaVrda AdvrU`PnbobnbVo VoahUV, _Zu`antUr hm
_U`ndnWVbmAgz Vno_mz{gH\$g\$dnrZoOJV AgVno
nU E`nbmZdr g\$dnr B\$dar gE`nMr g\$dnr ana H\$eZ
KJo eS` Anho nUfUo g\$gnXr gV, adfm, gKa
Anz\$` , nUfUnZknZ` AgoOrdZ` VrV H\$E`nMr
j_VmE`nA`mOdi AgVo IrAaqdX`mg\$dnrbnM
CY_Zr AdnWm AgoahUVnV. {VMr ndV..A`m {R\$H\$Ur
a{Vd`nZm H\$E`ngnr, {VMm gnj nE\$ma gnyE`nV
Amn`m^ndVr O_mPnb`ngmgnhm H\$E`nV E`ngz
da Krbdbm CY_Zr g\$dnr {dH\$gV H\$eZ E`nZo
AnE`nMm AnV{dH\$g gnU` H\$eZ KJo hm E`n`m
`ndnMmCoe hnb/m

IrAaqdX Bhbnt\$rdf`r {H\$dm ^naVnA`m
^dVi`V{df`r CXngz Zgz VoAnU`nE`H\$AZr`dnA`m
H\$hr C\$Va AdnWV {Zd`mhnD\$Z anhbobnbVo OJnV`m
gne`m{H\$m`mAnU`nE`H\$g\$dnrA`mn{aknV gm_ndy
OrdZ`~ahmY{dV H\$and`nMoAnU`E`nbmAnU`nE`H\$
Amn`nMr OnS>Umd`nMr AgmE`ng/mCoe hnb/m`m
AdnWV E`nZo^naV d OJ`Vrb KS`nE\$H\$Sa~naH\$BZo
bj {XbobnbVo Andr H\$VZngna Vog{H\$ hrvj mhr
H\$arV AgV. Vr E`n`m {R\$H\$UA`mAnU`nE`H\$e`\$Zo
d _H\$AnU`nE`H\$H\$`nZo

nms\$Marbm nnbM`mngyZ 1910 A`m
AnS`an`V IrAaqdX H\$nbO`M\$`anE`ndarb e\$sa
M\$`KanV anhbobnbVo nra`AmnbodnV` IrAaqdXngz
gKa M\$`n`m`nbH\$A`mKanV hb{dbo {~{OenMo
a`EZ Mnbm hnbVo \m {h\$gnVnZnV anUn`meaUnWuZm
Amn`mndnYrZ H\$and`ngnr \m engZnda {~{Oe
engZnZo XS`U A{YH\$M dnt`dbo IrAaqdXnMr
Anr`nV MnbYhnb/r. E`ngm 23 {Xdg AZeZ H\$and
bnbo `nd AnXr MnbYhnbVo Ae`nUm OnUdbm
Znhr.

_ram [aMS`m \m `ndVr 29 _m`914 andr
Xmnr gnS`rZ dnOVm IrAa{dXnZm {h`ngm^Oe`m
1910 gnr {VZo IrAaqdXnZm nO`An\$ S`{S`Mr
a{VH\$Vr nmrZ`Xbr. IrAaqdXngz E`nMmaVrH\$E`H\$
AW`dex H\$om Amn`nbm E`n`m g\$VrV H\$m`
H\$and`nMoAnho`nMr gnj {VbmnO`br.

n(hë`nM ^QsV {VZoAni I bo Á`nZmAmU
I rH\$U áhUV AgyAn(U OoAnnè` mgnYZW _mJReZ
H\$arV VoBPa^y/ JhñW hM. _ram [aMS° nMm OY_
nfaq_Ü` o21\\$/olmar 1878 gnbr Pribm È` m áhUV
_r OY_mZo \\$/M Agbo Var _ZmZo ^naVr` Antho
bhnZnUmmgZ È` m dol`ù` nM hñ`m È` nA` m d` nA` m
gn/vi` m dfu È` nZm EH\$m _bnZodGadZ Xml {dbo X_
^aVnM VnoOniVM Mb\$ni bm Vohm{VZÈ` nbnmH\$Sbm
d CMbz I nbr AnXi bm {Vbm H\$brMr e{°\$ nra
Pribr hñ/r. È` m22\\$/olmar 1915 bnrfag Jè` m

I rAaqdXmZr 15-8-1914 gnbr
_nVnOtA` mghH\$m nZo`Ami °ZnanMoEH\$ {Z` VH\$m{bH\$
MrbYHöbo `nV Xinar hñ/hñvo OrdZnVrb CfV_
g_n` nA` mgu` dñiVW Aä` ng An(U XugamniMnÈ` d
nncnE` bnH\$A` m Yn{P\$ nashanV gng\$nk nñWn(nV
H\$Umar knZ g_Yd`r ^y_H\$m Ami °Ü` ol rAa[dXmZr
_na _nr>nr> nñVHö à(gO Pribr. bnB°\$ {S`hnbZ,
qgWgg²Ank\$` ml, øy_Z gm` H\$ö, {X Ami {S>mAnk\$
øy_Z `ZÖ, {X {gHö>Ank\$ dX, EgO AnZ JrVm,
_nCSæZ Ank\$ B\$S>Z H\$öMa, â`Ma nno Q>BÈ` nXr
JñV H\$e...à(gUX hñV AgV. 'Ami 1910 àH\$meZ 1921
gnbr ~X nSöbo

{XZn\$ 24 E{áb 1920 gnbr I r _nVnOr
nZ... nñSMerg Anè` m I rAa[dXmZm È` nA` m H\$m nV
An(U gmyZW ghH\$m d _XV Xè` ngnR>Anè` m ncló
nndVno I rAaqdXmZr H\$ñJnbnM {eñ` áhUz ñdrH\$naBo
ZihVo _nVnOr Anè` md A{YH\$m{YH\$bnH\$AnÜ` nE_H\$
_m{AZyaÈ` ngnR> nñSMarbm `D\$ bnJbo È` nA` m
nntoZ nñUngnR> An(U _mJReZngnR> gmyH\$mMo
gm_yh\$ OrdZ gK{Oy H\$aÈ` mV Anbo È` nñ/r gd°
ì` dñiVmhñi Jñi y_nVnOrZr hñ/r Kñ/br. È` nñ/Mol mU{ñUq
Ananñ` gñP OrdZ `ngnR>È` nñ/r ì` dñiVmH\$and` nñ/r

hñ/r. AmmAmM {ZanZami r I nVr gié Pribr. An(U
Aem [aVrZo1926 _Ü` oAmi _nMr nVnZm Pribr.

1926A` mgñdnVrnnZM gmyH\$mZm _mJReZ
H\$aÈ` nMo H\$m _nVnOrH\$S> AmmAm Jbo H\$naU
I rAaqdX A{YH\$m{YH\$ EH\$m/nV OnD\$ bnJbo gmyZm
d gmyH\$m/nV ì` dñiVm_nVnOr gm`nñ ylonè` m {ZÈ` nMo
Ü` nZ A{YH\$ EH\$m{d Vrd«hñD\$ bnJbo EI nUm Cf
e°\$MoAdVaU hñUma Agogd°gmyH\$mZm dñiVnbnJbo
I rAaqdX AÈ` y EH\$m{VZö` m AdVaUngnR> V` nar
H\$arV hñvo 14-11-1926 `m {Xder CfVa e°\$
I nbr Advabr. _nVnOrZr `m {Xdgnbnm{dO` {XZ Ago
áhUöbo hr I rAaqdXnA` mH\$m nñrb EH\$ _nr>_hñdnVr
nñ ar hñ/r. `m e°\$bm I rAaqdX A{V_nZg Ago
áhUVnV. `m e°\$MoknZ AmnUng hñUJoH\$R>U Antho
I rAa[dXmZr `m-Öb ñniQ>H\$aU {Xè` m_wi oVnñ\$na
~nV hñUoeS` Antho

A{V_nZg áhUöo^JdñnVr gñUJgÈ` MñZm
`m AdñVnÜ` ogdnE` Cf nñvi r áhUöoA{Y_nZg.
Vr àH\$me_` d e{°\$` Antho AnYr AnY_nZg
AdñWbm nñnñMZ Vr e°\$ I nbr AnUbr nñhOo
È` nñedm A[V_nZgnMoAdVaU H\$Xnñn eS` Znhr.
H\$naU A{Y_nZg hr _Ybr dñO>Antho Annè` nbnm` m
Jñi>MoAnH\$öZ hñD\$eH\$V Znhr. Annè` m ZnMr e°\$
AÈ` y _`nXV CfVa e°\$(df`r I rAaqdX 'gnfdI'r
_YoáhUVnV. Aer EH\$ MñZm Antho{Obm_Z ñne°
H\$e\$ eH\$V Znhr d {dMnahr ì` S°\$ H\$e\$ eH\$V Znhr.
24-11-1926 `m {Xder I rAa[dXmZm `m àM\$>
AnÜ` nE_H\$ H\$m nñm EH \$ZdrZ Añ\$ gné\$ Pribm `m
{XdgnngZ I rAaqdX gñUJEH\$m/nV Jbo

EH\$m/dmg An(U H\$m °...-

EH\$m/nV JboVarhr OJnVrb d ^naVnVrb

KSm n6>d È` n/lo~maH\$BZobj hnb/od H\$hr dâ mÈ` nV
hñVj mhr Hôom gmv/H\$Zm_mjXeZ H\$aÈ` nA` mH\$m_nV
_m/nOrZm ghH\$m Ær Hôbo I rAaqdX dfnËZ \s°\$
MmaMdâ m gmdO{ZH\$XeZ XV. I rAaqdX âhUV
~møH\$m ©_nV/nOrH\$Sÿ hnb/ Agè` nZoÈ` nH\$m nËZ _bm
_nbiSi canhVm` Vo _bm_nA` mI è` mH\$m nËnR& È` m_wi o
dâ {i nôm Anho

È` nMo I ao H\$m ©_...

È` n/lo I ao H\$m ©_g_Ondÿ z` m Mo Priè` ng
È` nA` m` nbnrdf` r g_Ondÿ KVbonnfhOo` n -_mZdr
AnEâ` nMo^Jdÿmer Eè` . `mEè` nàV ZUraoOdo_mj©
gâXm, gmvZng AgVrb È` m gdnZm` n_m_âhObo
On/vo I rAaqdXnA` m` nbnMoC{Ôi> {Xi` gÈ` nMmâH\$ne,
e°\$ AnU AnZÿ OrdZnV CVéSZ È` nMogËUË[adVZ
H\$aUohm hnb/m

` mñîdrda d ^nqVH\$ AprîVEdmV {Xi` OrdZ
{Z_nO H\$aUchoA\$V_C{Ôi>Anho OrdZ hoXdmA` m{Xi`
Á` nVrMmAn{dîH\$na ihndm, Ai` °\$ ^JdÿngnR& Anho
^Jdÿnda ào H\$aUo È` nA` m ñd^ndmer Annè` m
ñd^ndmMm gË {i {dUo Annbr BANAe°\$, Annbr
H\$m } AnU AnnboOrdZ ^JdÿnA` m hnb/nVrb gmvZ
~Z{dUoho_nA` m` nbnMoC{Ôi>Anho

VoâhUVmV {dîdmA` m~mø Ñr` m_njoeH\$gÈd
Anho AnE_m, MÿV` AnU EH\$ gZnVZ Anho VnM
^Jdÿ È` nA` mVM gdËnU_mj gdOrd EH\$en Anhb.
na\$/w àH\$VrA` m {d{^P nSÿm_wi oÈ` nA` m I è` m
AnEâ` nrdf` r AknZ Anho `nbnZohm nSÿm Xp gnaVm
`Vno _JM_Zû I è` mAnEâ` nrdf` r, {Xi` Èdnrdf` r
OnUÿ hnb/no

{dH\$ng H\$...-

I rAaqdXnM/r {eH\$dU Aer AnhoH\$ OJ ho
MTÈ` m {dH\$ng H\$ nMoEH\$ j ð Anho ^y_r Anho OS>
H\$nrVÿ dZñnVr, dZñnVrVÿ new newÿ _mZd, Agm
{dH\$ng H\$ Anho ømH\$ nV _mZd Oar AI aMmAgbm
Var Vno gd©I ð>_mZVm` Ura Znr. H\$aU Vno ^nqVH\$
âH\$VrV gËUÿ... nelM Anho {dMna H\$aUnam d ~nbo
eH\$Unamney `m {dH\$ngnM/r nËr& nmi ar MTÿ OndM
bmjbo. newËè` _mZd {Xi` _mZd Pnbmnr{hOo` nbnM
I rAaqdX A{Y_mZg {H\$mA{V_mZg MVZmahUVmV.

_mMOr âhUVmV ...-

Ami w` nV hr MVZm ñdV... Ü` o àñWn{nV
H\$aÈ` ngnR& AnU {VÀ` m ^ndVr O_bè` nZm {VMm
gnj nE\$na ihndm, {VMr ànâr ihndr` ngnR& I rAa{dÿnZr
gd©dâ H\$aUr bndbm hM È` n/lo_»` H\$m Ænbo

^JdÿnMm gnj nE\$na H\$èZ KÙo ào, AnKa,
^°\$ `nÿr` p\$ hndSZ È` m ^JdÿnH\$Sø OnUo Annè` m
H\$ nZoÈ` nM/gdm H\$aUo AnU È` nMoknZ H\$èZ KÙo
edO>gÈ` nA` nâH\$nenZoAnnbr gËUÿâH\$V {Xi` ~Zdÿ
énny{aV H\$èZ Vr ^Jdÿng g_{nÿ H\$aUohmM gdnU
n{anU© nbnMm_mj©Anho

1938 Znb)-anngÿ I rAaqdXnZr Annbm
H\$m Pè` ~Xbom, H\$aU EH\$H\$ ~gÿhr gÈ` àH\$remer
{danV H\$aUne` mAÿ..H\$nanA` mgZer bTY hnb/o AMVZm
AnU AgÈ` `m Kna AÿnanA` mJVÿ È` nZm I nbo ~Ë&
_nand r bnjbr hnb/r VÙvogÈ` nM/r H\$m _Mr à{VôanZm
H\$aÈ` ngnR& Aÿ..H\$naVÿ nñdrMm CÔna H\$aÈ` ngnR&,
{Vbm ^JdÿnH\$SøZÈ` ngnR&, È` nÿm CJ«bTnâH\$and r
bnjbr. nñdrda AnU _mZdmV àH\$ne, gÈ` , enÿV d
AnZÿ AnUE` ngnR& È` nZr ho_hnZ H\$m ©_hnb/r KVbo
hnb/o

I rAaqdX ahUVmV ...-

_nA`m_U`oA_a ao nMr dfr _nzdVbmAnfU
Orf`ngnr Ambo ~nhjngarV Anho ASy..H\$amA`m
e°\$M gE`nA`m{deO gKfH\$arV AnhV AgoZihoVa
A{I b nrdm d _nzd Xd rb E`n b m{danV H\$arV Anho
gdnyf gE`n b m _nzd Km-aVnV. ah\$menM/m ah\$ne Vo
A_ni` H\$avnV. E`m_w M bTadobmJV Anho

I rAafdx JmennzoAnu` mE_H\$ bTnB`bTbo
{did e°\$da A{daV H\$ni`H\$aE`ngnr Ambr e°\$
Cn`nolnV AnUbr. {hOba AnfU ZnPr`nA`m nnr`_nbo
H\$nu`m Angar e°\$ Ca`m Anho E`m`e ndr PriE`ng
g\$yJ`_nzd nV Aen` e°\$A`m Jlbm_{JarV {nMbr
OnB\$. _nzd nA`m Anu` mE_H\$ {dH\$ngnMo MH\$ CbOe
{\\$ {dbo OnB\$ ahUz VobTnB`m AJXr H\$gnrA`m
j Unbm_U` onSbo E`nZr Ambr e°\$ bndbr AnfU
XnV ani`m ~nOZogmarMH\$ {\\$e bndbr. E`na_nJo
^naVnda AnknV H\$eZ, MTnB`H\$eZ, Vno{O\$E`nMm
OnnzMmhVyoOhmCKs>Pnbm, Vohnr Onnzr AnH\$Um
{deO E`nZr Anu` mE_H\$ e°\$ bndbr. AnfU
OnnZA`m {dO`nMr Anem_ncl i z` aM\$>O_rZXnV
nam`dm_U` oE`nMoennya Pnb

15-8-1947 `m {Xder ^naVnzo Ambo
ndnV\$ Onhra H\$bo hm H\$hr `nol`nol ZihVm Va
I and arM I rAaqdXnA`m H\$ni`nA {Xi` e°\$Mmg\$[V
XeP\$ _DnH\$V PriE`nMoVqMh hnb o H\$naU`nM {Xder
I rAaqdXnMmOY` {XZhr hnbm

`m {Xder (15-8-1947) I rAaqdXnZr
{Xbbm gke ...-

15-8-1947 hm {Xdg ndV\$ ^naVnMm
OY`{XZ Anho E`nA`m Ni`zoeH\$ anMrZ `w g\$yZ ZdrZ

`w nMm ana\$`m {XZnZogMrV hnb/no na\$yndV\$ ani`> m
ZnE`nzo Amne`m OrdZnzoAnfU H\$VrZoAmnU`m {XdgnV
A{I b OJVng_n CKSεm OnUnE`m ZdrZ `w nA`m
_nzdVnA`m anOH\$`, gm_n(OH\$, gnH\$VH\$ AnfU
Anu` mE_H\$ ^{dVi`nMm EH\$ _hEdnMm {XZn\$ Ago
ndén XD\$ eH\$.

15 Anu`nO>hm_nPm OY` {XZ Anho AnfU
E`nM {XdgnbmBVH\$ni`{denb AW`ana`ihndmhr Jni`>
gnh(OH\$M _bmg\$VnXm H\$AgUma. Or Or Omj{VH\$
Anknobzo g\sb Pnbbr _r_nA`m Anu` nV nnhndr
Aer_r Anem ~mi Jbr hnbVr, nU E`ncl r Vr gE`
g\$V CVaE`ng AeS` Aemndbzngna I r {XgV hnbVr,
Vr ~hVb\$ gd`AnO EH\$Va Odi Odi g\sb hnbV
Agbbbr qH\$dm g\sbVnA`m _nng bndbr Agz
ana`nH\$SaJV hnbV Agbbbr_r nhrV Anho`mgd`
AnknobZnV ndV\$ ^naV \na _nRn dno CMbyeH\$bo
AnfU ZvEd H\$e\$ eH\$bo.

(H\$e..)

- I r. e\$-m_rU

6, H\$na Anfef, am _neVr anG>
RnJo - 400 602.
XpUdZr : 2533 2030

\\$-dmar Afing PnbE`n
{db\$-m-0b j_nid!
-g\$niXH\$

Wisdom dno>

I r. `e\$IV gmZo` nA` m dMmfaH\$ bd _rfbH0Vrb nif: b bd XV Anhm/- g\$inKH\$

'ehUnU' hr H\$m MrO Anh?

"ar{V {i b H\$H\$ hmo ~nOmar?" _nA` m VéUnUr ho JnUo bnH\$à` hmo È` nM Mnborda 'ehUnU' {i b H\$H\$ hmo 'bne-bm PZr?' AgoZdo 'gmè nnt' ba' Anho _no-nB\$ \nè da Vgm 'O>ZM' AnhoahUVm/! 'dnxi dno>gmaI n!'

_m\ H\$ant! _nA` m _anR: {bI nUmMr!! nU, grfhÈ` g\$ bZ An(U gaH\$na Xa~nar gU` mVar `o` nM _anR:Mr' Va\\$Xmar Mnbbr Anho

nU, Annè` nbmÈ` mdrKnV {eand` nMoZnhr. nU ^maV _hmZ' (gaH\$nar Knf dnS`), [An(VP\$ ànVnV (Economis)] An(U OJmVZ AnV\$H\$dnKn(déUX bTBPM" ~e Xndm d BanH\$ _U` o _nQm g\$maH\$, bTm, om Jni` Vrb ànV{ZYRH\$ hadbom 'ehUnUnMm Vbng ;` nd` nMm Anho

nUOr Jndm` W0\\$-olmar 8 Vo10 , 2007 om {Xder EH\$ "H\$H\$`sàyg` ^aV Anho {VWo_r EH\$ 'nma' {Xbm H\$H\$`sàyg Mm{df` Anho "Ancient wisdom Brought to modern Times - Pathway to higher consciunners."

hr H\$H\$`sàyg 'International Indology' om {df` ngmr Kala Academy - Panaji Goa BVoPnbor.

ehUnU d H\$egZg ...-

ehUnU ahUOoH\$m? "àmMrZ ehUnU' hr AnUI r H\$UvVr dJ@mar? ehUnU An(U H\$egZg omMm g\$-Y H\$m? H\$egZg 'Cf` àVrMo ahUOo

H\$m? AgoaIZ ndm`rf(dH\$H\$UonSæd` nrbmhdo

nU, omgd@iZnMoCÎna_r _nA` mnmaA` mZn\$tnV XGZ QnH\$bo!!

"Adoption of the Veclic Wisdom to Human life for Rvolution to Divine Consciousness."

Anînm` m CÎnamVboehUnU gn\$UohoAWnPM _nA` m'ghnI erfmda` `D\$Z nS\$by nU, niefgP\$An(U dK, Cn{ZFX d g_J`dK dnS`_` d knZ nR:er Agè`nda H\$Rè` nhr e\$H\$om dnd Znhr.

Modern Life & Divine Life

_nS\$`bnB\$A` md ^nVH\$dnKr, dj` d`nA` mnrfIM_nè` g\$H\$Vrda MnbUnè` mg_nOnA` mAY..nm/nMr EH\$, XnZ, R: H\$ CXnhaUonnhj` m d È` m dnoMnborV 'ehUnUnMm AnfYntom_{i VnoAnhdH\$hoenVim _J, AnnU I è` m "Xdr" ehUnUnA` m I Jm H\$Rè` m g\$H\$VrV {i VnV Vonnhj` n!'

gn-V Times of India À` m\\$-olmar 2007 À` m A\$H\$V "Global Warming May bring more misery : Experts" omerrfP\$Mr Photo Copy Z\$1 {MÎ nhm

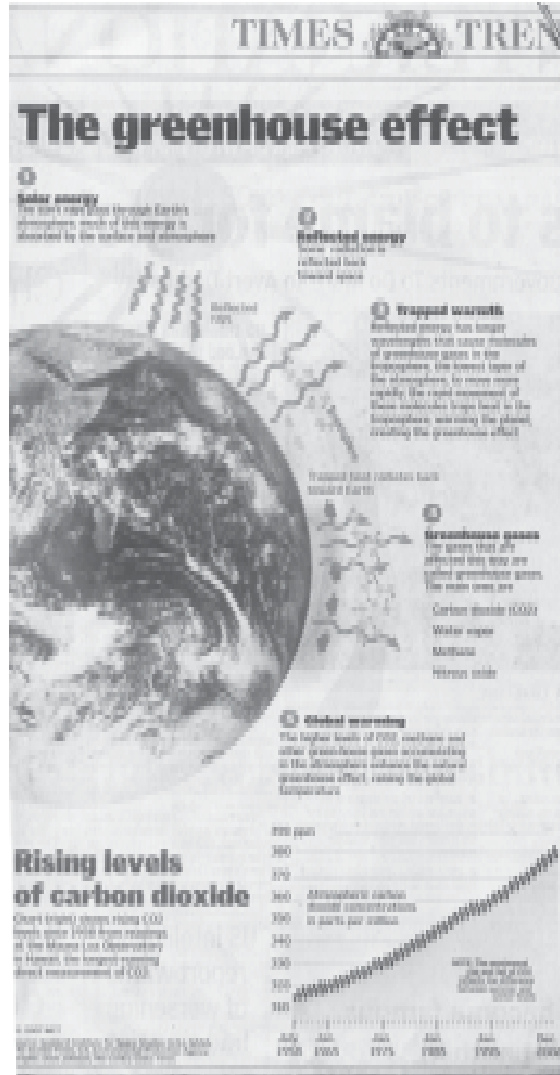
È` m/bo _hEdmMo _KXo I nrbà`_mUo

1. OJnVbogdP@>d{kn(ZH\$ eH\$dnar AgoahUmbo H\$` bne-b dnf_9 (d{ceH\$ Cî_rH\$U) ho_nZd {Z_uV Anho
2. È` _m_wi oXnH\$ni , CîU hdmMr bno> nmD\$g d g_@mMr nne` nMr C\$Mnbbbr nniV i r nV`À` m 1000 dfn` ^`nmdr bmoJb.

Global warming may bring more misery : experts

Paris: The world's top climate scientists on Friday said global warming was man-made, spurring calls for urgent government action to prevent severe and irreversible damage from rising temperatures. The UN's intergovernmental panel on climate change, which groups 2,500 scientists from over 130 countries, released a landmark report predicting more droughts, heat waves, rains and a slow gain in sea levels that could last for more than 1,000 years. The report put the probability of the link between human activity and global warming at more than 90%, as against the 66 to 90% likelihood it had signalled in 2001.

"Clearly, we are endangering all the species on earth, we are endangering the future of the human race," IPCC chairman R K Pachauri said, "We are probably beyond the stage where we could have called it urgent. I would say it is immediate," he added, referring to the need for governments to act to reduce emissions. Environmental campaigners urged the US and other industrial nations to significantly cut their emissions of greenhouse gases in response to the report. The report said temperatures were likely to rise by 1.1 to 6.4 degree Celsius (a wider range than in the 2001 report) by 2100, with probable 2 to 4.5 degree range if carbon dioxide doubled from pre-industrial levels. Sea-levels gain by the end of the century may range from 18 to 59 cm, with an additional 10-20 cm being possible if recent, surprising melting of polar ice sheets continues. AGENCIES



- 3. ho ñni>Anho H\$ AmU øm nïdrdarb gd©
Ordgñsòm d _nzd Om/rbm Ynñ`nA`m l nBp
Th\$oz Xv Anhv.
- 4. Ynd (Cîna d X{j U) j ðm/rb nïdrdarb ~\©
{dVi È`nMm àH\$na Mmbyan(hbm, Va CîUVm_nz
1.1 Vo6.4 {S}k gëgr`g n`p dntb g_ðm/r

- nrÈ`nMr nmVi r hr Ynñ\$Xm H\$Uo dntb d
gdZmenMr gndbr nSb.
- 5. 2500 dkr(ZH\$ 130 XenVZ Anbq È`nZr
{Za{Zani `m XenVrb àñWñ(nV gaH\$anZm ò`m
Ynñ`nMr OmJrd XCZ VEH\$nb `nôz H\$VrMo
AndnhZ Hôbo
ømgX^m "The green house effect" ønMo

~nbH\$0{M1 Z\$2 N\$boAnho {M1 ~nbH\$0 AnhonU
Ebt\$UmaehntUoZnrV, hoAnnè` nbn_nhrV Anho

H\$naU 'Rawlsian Equity' àhUOo
^{\dĩ`nVrb {nT\$Mo H\$è`mU g\$mi È`mMr
O~m-Xnar hr nÈ`H\$`ndi È`m gU {nT\$Mr AgVo
Ago'ehntUnUmMo VIdknZ' Anho

nU, ømnO~m-XnarVrb CKS:ni dnO>Z g_OUmao
gU`nMoanOH\$naUr d gm_n(OH\$ ZVÈd ASaUr Anhv,
AgmH\$nmH\$èZ g_O H\$èZ KD\$ ZH\$m H\$naU bj nV
AnboH\$0 honT`A`m1000 dfrn^`mnd`nbnbnUUma
Anho AnVmZnr! AnVmVa \S\$BbèZ qOH\$Uod
gImH\$m~rO H\$aUohM`ehntUnUmMo{ZX}eH\$Anhø Zih
H\$m?

AnVm, øm^{\dĩ`nVrb ZdrZ {nT\$Mr O~m-Xnar
H\$er "OnUrndpH\$` g\$mi br OnVoAnho`o`wnr, g\$P\$
ànt\$Vrb, _bn`_ qgh øm Mr\\$_ {ZrñQa`m
AnfYnÈ`mi nrb "ZnBSa` øm Ir_v aègSæb gèDa
_Yrb anj grnUoH\$è`m bhmZ ~nbH\$0 øm`m
hÈ`nH\$mg\$YnVrb Anho ^rfU Anho anj gr Anho
qhgH\$ Anho {H\$ĩ gdnUoAnhè!



gm-V {M1 Z\$3.

"Serial Killer Preyed on Kids"

ømerfP\$mi nrb EHS {M1 EHS _nc`nrv`o`a
bhmZ _bnA`mearanMo_v Ad`d, H\$do> m hnsè`nZr
I fZ`^abbo nrbg ZV AgVnZnMhm \S\$0Anho



gm-V {M1 Z\$ 4 ho "{ZWmr' øm "ZnBSa`
Odi rb Jar~ I è`nVrb _bnZr H\$nt`è`m _nMnMo
Anho øm{M1nV \S\$bH\$Anhv È`nda {bhrboAnho

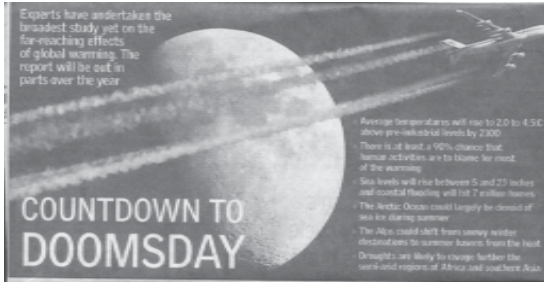
"h_o`^r OrZnM A{YH\$na Xnd' An(U
"h_mar hÈ`m ~YX H\$am"

hm Xgam \S\$0qXnVnZ OnBq`øm`m http://
www.hindustantimes.com øm dè`gnBè`da
Noida Killing da EHS`nneb \S\$0mAnhè`nVrb
EHS \S\$0Anho

ho ^{\dĩ`nVrb nT\$`b {nT\$A`m ZnU[aH\$èZm
naÈ`nMoH\$m H\$m MnbboAnhè` È`nbn anA`H\$Ved
nrbg ømMoH\$0g\$U Anhè`

g\$H\$V g_mOnMo Xb\$

H\$ner, à`mJ, Abnrm~nX dJao ^maVr`
g\$H\$Vrbm(à` AgUne`m^maV`y_rdarb n(dI`y_rda
ho bhmZ bhmZ H\$ndi`m ~nbH\$0log\$maH\$ hÈ`nH\$0>
MnbboAnhoAZè\$df}, An(U anA`H\$V}, gm_n(OH\$ZVø



{M} Z\$4

nnborg d g_nOdnKr, qhXfiddnKr _pnb_, X{bVnMo nTear onZmnInmZnhr. I y dnOedr Aer {nWVr Anho ~q\H\$ar_U' o{dbj U EH\$dnS` VmAnho H\$g`-a?

AnVm om aH\$aUnMr NædmNædr Omny/ Mmby Anho "onMoanOH\$naU H\$e ZH\$nt Aer AnV@H\$H\$ni r gd©nj ZVnoH\$ntæV Anhv. _n\$g@nKr _\$i tZm Oo _lomi_ggJ g_nOdnKr dnOy/nV, È`nZrhr ZnB@nOnZo {ZfVnMoga H\$ntæboAnhv.

hVynn:ga {Xem^p

"g@G E\$gbbnB@'>Mo ho EH\$ aH\$aU Anho Agm Am'ng {Z_nf H\$aE`nV `Vmo Anho

nU, _mÁ`m dnMZnV nn{H\$ñVnZnV {H\$S-Zr O\$gbbn@>AnhaeZ ñdnVnV hnbvo ahUy OJm/bo Ir_y éWJ nn{H\$ñVnZnV hr AnhaeZnH\$eZ K/nV Ago dñm 'Asian Age' om dV_mZ nImV Nna bo hnbvoVo Anbohnvo

"{ZWar' om I 6>nVrb d BVa AZH\$a anVnVrb ehaad I 6>nVZ bhnz _lomi ~hnb/nV, È`nMmnborg {-bH\$to Vbng H\$aV ZnhrV, Agodñm Anho È`m_u o EH\$ g_O OmñV ÑT>hnb/ Mmbbm AnhoH\$ " _nV\$ m nnVi rda' H\$Xn{MV, anÁ` nnnHV, nnborg g@j UnV "Zn\$SnhnD\$g' om nñe dnñV/ hm ^`nZH\$ H\$na I nZm ahUOo"~mbH\$ gñma', enVnUoMmbbmhnbm n{hè`m

PSVtV gnñSbè`mH\$ñr _V Ad`d d hnS@`nZVahr C.B.I. bñ 40 ~Jm ^`abbor _V Ad`dq H\$doem Aer om ~\$lè`nÁ`m ~nharb JOxanV/ gnñSbr. ~\$lè`nÁ`m Odi {H\$S-Zr O\$gbbn@>VÁknMohñnObo Anho om aH\$aUnM`m AZH\$a Jñ ^`nZJSæ AnO hr CKSH\$g`V Anhv. KUnñnX Anhv!! _nZdr ZnVrb neptñmMo{H\$ñ gdñJoXeZ KSy Anho! ày hm Anho H\$`hmH\$ñr Hódi ~\$lè`nVm_rnbH\$(hnCg Z\$D-5) "_nZ\$ka ggJ nñæd d È`nVm ZnñH\$a "gn\$ka' onñ`m A_nZr dñmVm Znhr nU È`nVr hr 'Industry' Á`m 'Peaceful Industrial Atmosphere' _U`o AZH\$a`mg@j Uml nbor d \ñi ÚngnRæ Mmbbr hnbV. È`m-ObMm Anho

AZH\$a nH\$aUnM`mJo om gñmanÁ`m ^rfU aH\$aUnMm "g_nOmbm \sgdZ EI nXmanOH\$`_nV` Vm {_i Ume`m H\$ñV a\$lbè`m d \sgbè`m a\$trV {MInV eodO`hnb@ d _y {Ji y g_nO hoH\$SyOha nnoy/ [aMdrbhr AmU _J nñhr Zi`m anj gr dñmÁ`m nH\$aUnMr AnU r EH\$Xmdn@>KV!! nU, ný {Zani nM Anho!

nenbm nnn {MH\$OVo H\$ñ?

Á`m bnbH\$Zr hr B\$ñOæ am-dbr È`nVmC0æ ngm hmAnho hmngmanÁ` H\$e`nZm, nnborgnZm, Ý`m nVrenZm gm_n{OH\$ nñæ`nZm hdm Anho È`nÁ`nda H\$ñUVo"nnn' gñ% AnhoÈ`nMr I y Znhr Anho! H\$naU---- H\$naU----!! nenbm nnn {MH\$Oy Znhr. Agm "MndnH\$ XeZnVrb dj`dñmMm A\$b Mmbj Anho!!' _J Á`m gñHVrV XnZ XvñZnhr VrW`d Vi g ði`nda OnH\$Z Anñ H\$and`nMo- È`m ^`maVr`, d{XH\$, qhXy gñHVrVrb {dængm-Ob, VIdñs-Ob Ag{hñUyVm g_nOnV ~nUdbr Jbr Anho{XgVo

øm d Aem AZb\$ KOZnH\$Sø(ZdP\$nanUoqH\$dm
VOñWnUo nñhZ òm Hòdi XkQdr KOZm Anhv Ago
H\$kr(MV àhUVm`BØ. EihT\$M ZihòVa È`nMmHØRè`nhr
àH\$nao" gñH\$Vr' er g\$-y OnèdmqH\$dm Vgm Vm Anho
Ago~KÈ`nV AVZnhr. Aem" _VdV' gñKZnj _Vm
àgv H\$È`nV ho" _nSZ`bnB\$S' `èndr PribòAnho

Information Age

{edmì "ehmUnUm hmEH\$~ÙXrVm àH\$na Anho
gÙ`nMr {nT\$ Intelligent Anho enV bndV Anho
Information d Knowledge àhUOò" _ñhVr 'd "knZ'
j òmV Explosion àhUOòH\$VH\$nar n\`nH\$ dnt>hñV
Anhod hm "àJvrMò bj U Anho Agm Xndm " _nSZ`
bnB\$S' H\$VnoAnho {edmì ^naV _hñZ AnhoZnt!

nU, `WM "ehmUnU' d ~ÙXr d _ñhVr òm
{df`nMr J,,V hñV Anho òmgñ\$ènZmgma»`mZihV.

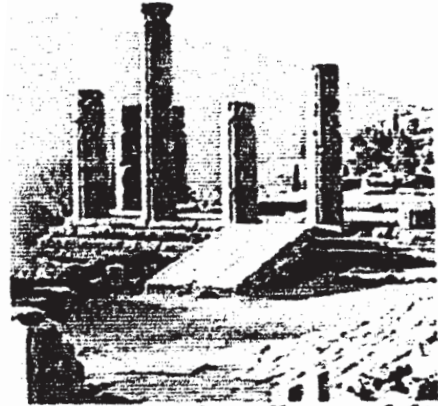
T.S.Eliot Q\$Eg. B{b`O>(Zno`b ànBP {dZa)
ømH\$drZo\`\$na _hTdnMo{dYnZ HòboAnho {MÌ Z\$ 5
È`nbom òm gJi`m àJvrÀ`m I ùm d Xndò òm Ù`o
ehmUnU gmnSV Znhr Anho VoàhUVnV :-

Where is Wisdom lost in Knowlegde?

Where is Knowledge lost in information?



Jrg XenV AWig ehamA`m dm`i` {Xelom
"Sè\`\$' ZndnMoeha hñVò AnVmVo^VH\$ni nV O_m
PribòAnho _nSH\$ rg Anbè`m "The Temple of
Apollo" `mdmVMoAdef {MÌ Z\$ 6 _Ü`o(XgVrb.
I nBfOÀ`m6 eVHØ AJnKa BWoàM{bV _nzdr àfZnZm
CÎmao hdr Agè`mg Vr XÈ`nMm d ho ehmUnU
{eH\$È`nMr àWm AprVÈdmV hñVr. ({MÌ. Z\$ 6)



The Temple of Apollo at Delphi
Source of Wisdom

nU, gZnVZ AZñm{aV àfZnZm CÎmao
XÈ`nMr O~m-Xmar AmYqZH\$ OJmZr
HØhmmgñZM QnH\$Z {Xbr Anho

"_r H\$ñU Anho?"

"_r BWo H\$S OY`nbm Anbn?"

"_r _Ë`zYa HØRa OnUma Anho?"

"OJmV emidV, {ZÈ` , JhZ d Z{VH\$
VÈdo H\$ñUVr Anhv?"

øm àfZnÀ`m Vndòom VnS>XÈ`nEdOr ànUr
OrdZ gñr` Ago ^ndnMo gñ nÀ`m Am`ngnMo Ago
^ñVH\$ OrdZ OJÈ`nMm _mZdr nbm ZdmXnZo V\$-y

QaH\$bm Antho È`m_ì o"ehmUnUmMr' EH\$ ì`ndhmfaH\$
ì`m»`mgÜ`mÉT>Antho

nUOr Jmdm H\$bm AH\$>r

Jnò`nÀ`m H\$H`\$g_Ü`oem àiZnMr CÍnaod
_mJ,`gZnVZ H\$ni mV`hnVr H\$H\$ ònmMmenV`ì`nd`nMm
_nzg, g\$ nOH\$Zr`nObm Antho Vnhr`^maVnÀ`m
B(VhngnVZ d g\$H\$VrVZ!!

_mPr ì`m»`m

Vòhm AmUgÜXm H\$hr`à_ò_o_n\$drV`m
CÔemZo_r gÜXm`ehmUnUmMr' wisdom Mr EH\$m
àm`mJH\$ ì`m»`m_n\$br Antho

"The quality of wisdom of any individual,
group or society of Human beings is commensurate
with the level or Status of consciousness
either specific or average.

For example, the Wisdom gained in a
materialistic paradigm is different than the
integral and or from Spiritual paradigm.

The reason being all are relative
concepts and not ontological.

_nzd OntVrÀ`m òmnV`drVbnda AdVabè`m
AprVÉdmV, È`nÀ`m`ehmUnUmÀ`m g\$H\$Zm`wm`wnV
g\$H\$_U, CÈH\$V`hnV`Jè`m AnthV.

hr`àJVr È`nÀ`m_nZdénm_Ü`oAgbè`m`~rO
g\$H\$Zm`{dídna`m`CÈnTnr`gJ`mVM`gm`ndbbr`Antho

nV`drdarb`àH\$VrÀ`m`ZnV`g\$`YnVZ`hnVnè`m
AZr`d`d`AZr`VrÀ`n`XdmU`KdmUrVZ`hnVnè`mÈ`nÀ`m
AnÈ`_{dH\$ngmV`d`È`nÀ`m`dmY`Uy`{XeV, È`nÀ`m
ehmUnUmÀ`m`H\$J`mgÜ`m`{dH\$ng`nmdV`AnthV. È`nÀ`m
H\$negZÀ`m`Vnbnm`nbnmV`d`g_`à`nUmV`È`nÀ`m
ehmUnUmMo`nH\$`b`nmV`i`r`nmV`i`rVZ`g\$H\$_rV`~Xb
nmdV`Antho

òm`ehmUnUmMr`qH\$dm`H\$negZgMr`gÜXm
H\$U`Vrhr`nV`ZpíMV`ì`m»`m`d`pñVrV`{díd`{Z`_VrV
`éÜX`d`~`nV`bbr`Znhr.

'g\$H\$FØ', 'àÜnZ' d 'A{ZéÜX' Aer
{VMr`g\$H\$_U`ohmV`AnthV. d`Vr`dmgKd`òm
XoVÀ`m`An{YH\$nmV`hnV`AnthV. ho`dJ`Ud`V\$J,
bú_rV\$J`Antho

_hm`nVr`Aa[dK`...-

hrM`^`H\$m`_hm`nVr`Aa[dK``nZr`_n\$br
Antho`V\$J``nMr`ì`m»`m`d`g\$H\$Zm`hr`H\$negZgMr
Z{VH\$`dÜXr`hrM`Antho`hnM`CÔe`d`{dZr`nV`Antho
òm`dÜXrMr`{Xem`Xpr`dHr`H\$Sò`Anthod`hnV`ma`Antho
'Divine consciousness' òm`'The Life Divine' òm
JÜVnV`AaqdK`òm`pñVrVrMr`'n`\$`-ì`m»`m`H\$E`nMo
ZnH\$naVnV. H\$naU`Aer`ì`m»`m`H\$Uo`ahUOo`AmVnD\$M
È`m`g\$H\$Zm`H\$ni`nMr`dnO`Z`nhmV`m`~`nVZ`d`éÜX
pñVrVrV`OI`SÜ`dno. ho`È`nZm`{~`bH\$`ò`_nz`d`Uma`o`Z`h`Vo

`m`Vlo`Z`o`B`Va`Y`_`d`g\$H\$VrV`_`\$`H\$`Antho
Vòhm`AmU`nV`{h`bè`m`XnZ`CX`nha`H\$Sò`nV`hm`EH\$Xm
di`Z`nVh\$J

EH\$Mr, AgV`bV`^`m{VH\$`àJVr`...-

OJnV`AnO`_`\$`\$`An{W\$`CPVrMm`{dMma
ehmUnUmM`_nz`bm`OntVno`È`nH\$aVm`CÜ`nV`Y\$`o``J`o
B\$`a`Q\$, CÈ`n`KZ, ì`mna`òm`{df`m_Ü`o`OrdKÜr`ñn`Ym`
d`Xngè`m`H\$H`nè`m`{df`nè`gV`bZ`Z`RdVm`à`JVrÀ`m
gV`V`C\$`md`Umè`m`OrdKÜ`m`AnH\$Sò`nVr`Ü`ò`o`_`n\$br
OntV`AnthV.

È`nda`Mr.`J.M.`Mukherjee`ho`EH\$`nVr
AaqdXnÀ`m`VÍ`dknZ`nMo`AZ`w`m`r,`H\$ni`ahUVnV`Vo
nVh\$J`m

“Accordingly, Land is misued and devastated, non-renewable resources like petroleum and minerals squandered and depleted, ecology disrupted and Nature’s capacity for regenerating renewable resources undermined. Technology, transport and trade are disoriented and unnecessarily proliferated. Economic processes themselves create and augment poverty and inequality.

Economics has to be reoriented to be ‘natural’ i.e. reasonable and in tune with Nature.”

nT@_hm`nUr AaqdX H\$m ^m` H\$VnV Vo ~Kw m

“The present industrial, commercial, economic age is characterised as Vitalistic and ‘**economic barbarism.**’

Therefore, in a commercial age with its ideal, Vulgar and barbarous, of success, vitalistic satisfaction, productiveness and possession, **the Soul of man** may linger a while for certain gains and experiences, but cannot permanently rest. If it persisted too long, Life would become clogged and perish of its own plethora or burst in its straining to a gross expansion. Like the too massive “Titan” it will collapse by its own mass, "mole ruet Sua.”

H\$T_ JaOm ...-

Vohm‘**Global Warming**’ omGreen House Effect A`mn[aUm`nbmO~m-Xna AgUmar hr ‘Anj`nJH\$ ^m`mclmXr g\$H\$Vr’ EH\$m ‘**Doom’s Day**’ ahUOo {dídna`m`ab`nH\$S@T\$byZ XUmar d g`mOntom ‘**artificially created wants**’ ahUOo·H\$T_ d AZg{JH\$ JaOm{Z`n@ H\$Z E`nA`m nV/VH\$S@ZUmar hr AnE`KnMr dW`XrMr {Xem, EH\$m`hm`\$H\$a _nzdr OrdZ d BVa OrdZ g\$H\$Vr/ AnJUme`m, _hnh\$ni nH\$S@ AnT\$ZV Anho E`m`u`M`b`b`dnf`\$`bmAUw`nã~, BanH\$`Yrb n@nb g\$`YrMr`W`Xo s.e.z. gna»`mgmrH\$

O{Zr I nUmar B\$@O\$, ~nëH\$N`m Aë`U`Zr`_Mr ndnV bQ>omMm hmv^ma Anho om\$rb g\$`Y d ZnVr AnI I nd`nbm bWVrb.

anj gr ^m`mclmXr g\$H\$V ...-

VgM`_mZ{Oa\$ggJ nnt`ad E`nMmZnH\$a gna d E`nA`mnnR`er C^cahUmaron`log, anOH\$`nT`nar d E`nMm`bã`n\$`m CRdUmar naXer`e`U hoH\$hr Hodi`_mZd g\$H\$VrMr {H\$ d {H\$ gdmUr neV`e`ndénoZgZ Vr gW`Xm om “Economic Progress” d “Materialistic” ^m`mclmXr g\$H\$VrMoAnXe`nwi o(Role Model) AnhV`hobj nV`i`nd`nbmhd

_mZdr`_ZnA`m`nëf`nL, n[anj`_mZd’, ‘**Divine Consciousness**’ om {Xe`bm OntUme`m Zg{JH\$ CbV`_mJm, CbQ>_mJH\$S@naVdUme`m anj gr ^m`VH\$dnKnMrM CXnhaUoAnhV.

AnV`m om CbQ`m`ad`nrbm d{XH\$ g\$H\$VrV H\$m CVnao AnhV Vo AnnU g{dnVa nT`A`m Af\$`nV nny`m

`edy` gmZo

gnZ`b AnnU`Q> gna`ndV`~H\$Odi` , A½`nar bZ, R\$Uo- 400 601. Tel. : 2536 84 50 Email : yrsane@eth.net

`nblm OrdZ EgoZmd

Á`ð>ZmJ[aH\$gKzZaAm`n(OV Hóboè`m[Z~\$Y`ñnYVrb EH\$nf[VnF\$àná [Z~\$Y`WoxV AnhnV. gH\$nanè`H\$Níi`
ho`mbd nModfèiOξ Antho

“Xniz KSfMm Sæd È`nblm OrdZ EgoZmd
OJVnMohogæd ASJU I ó I ó y`mgnaoAnnU
afH\$ AnU I r and
_mi `enMr hngV KrbY
hngV hngV VgM Ploynam`dnMoKnd.”

H\$drZo`mH\$ni`nV`_nUgnA`mOrdZnMo`WnW©
dUÛ HóboAnho OJVnA`mASJU nV H\$Yr`enMr`_mi
Jü`nV nSVVa H\$Yr nam`d nE\$andmbmJVno VnhrngV
pndH\$abmnr(hOo hmgd`AW`H\$í m`bm`_nUyg gknZ
AgndmbmJVno È`nMo~nbnU I ó È`nV JibboAgVq
bhnZnUr VmnyJfUonandb\$-r AgVno AnB@S\$eb È`nMo
g\$imZ H\$e\$Z gng\$H\$nanMoqenU H\$eZ È`nblm`_nR`
H\$avmV. bhnZnUr Kng`^adÈ`nngyZ`~no>YéZ emi`W
OnBf`V VnoXige`nda Adb\$-z AgVno È`nzYa È`nblm
{ej H\$`_nU`XeZ`H\$avmV. MnsJbog(dMnar g(dU {ej H
bm`Vo Va AWnFM`_nUgnA`m OrdZnblm`niz` {Xem
{i Vo {dUnVU Annè`m Hódvra`_nUo{eH\$V AgVno
MnsJbo(dMna AnMna g\$H\$na`nVZ`OrdZnMo{een KSV
AgVo nif`_hrfdUrb`nV È`nMmÈ`nblm`_nU`enV`nclm
bmJVno Á`m {df`nV JnS\$, AndS>Agto Vgm
{ej UH\$`{ZdSædmbmJVno dnMZ I dU`n\$`mXnaoVno
OrdZnV {i nbe`mAZn`dnVz`qMVZ H\$eÈ`nMogm`_i`©
{i dVno

Ogo_ZnV {dMna AgVnV Vgm`_nUyg KSVno
áhUz`bhnZnUmmgyZ`MnsJbr`g\$V Agndr`bmVo

OJnV VrZ Jniz`Xlo© AgVnV- EH\$`_Zü`OY`_,
Xugaog\$VnVr`g\$V`{Vgao`Cim`_ng`nX`bm`Uo`_Zü`
OY`_bm`Uoho`^niz`nMobj U Antho`omOY`_nV`AnnU
I yn MnsJè`m Jniz`H\$e`eH\$Vno`_Zü`ZgVmVa hoOJ
O\$Jb`_`PnboAgVq`C\$M`B`_naVr,`_nRaanVq`g\$fa`~nU,
dnhZq`emi`m`_hrfdUrb`q`~H\$BÈ`nXr`AZbt\$`Jniz`
hr`_nUgnVr`{Z`_Vr`Antho`AnO`H\$B@`Qa,`_no`nB@,
O\$fb`\$nZ`Aem`AZbt\$`gmYZnZr`OJmer`g\$H\$`hmd\$
bmJbmAntho`Annè`m`KanVZ`{`Sga,`JnBSa,`AnihZ,
dnheJ`_erZ,`HóH\$`Aer`AZbt\$`CnH\$Uo`_nUgnA`m
gdobohOa`AnhnV. `om`ir`odó`dnMZ`H\$`i>H\$`_r`d
gü`ànär`hmd\$`bmJbr. hr`^y_r`_nUgnA`m`H\$V`dnblm
H\$`_r`nSbr`áhUz`{H\$`H\$ni`{d`nZo`j`mUmoAnH\$enV
^ane`m`_naVnV. `_nUyg`M@ndahr`nbnM`bm`AZbt\$`JknVlo
enV`bmJbo`_nUyg`hoOJnVrb`gd`anÈ`m`_YbognK`©
Antho

_nUgnZdHóReOY`_i`nclmhè`nA`mhnVnV`Znhr
nU`nanH\$`H\$eÈ`nMogm`_i`©`m`Antho`MnsJè`m`I`r`_V
Hóir`nV`OY`_,`gü`{ej`V`AnB@`{Sb`bm`U\$`{Zanlr`eara,
~(UX`_Imn,`KanV`MnsJbr`ghMnfaUr,`MnsJbr`g\$Vr,
XrKnpü``om`gd`^`niz`nA`m`Jniz`AnhnV.È`m`gdnZnM
bm`VnV`AgoZnhr. HóUr`H\$`i>Z`H\$avm`Anam`_nV`JnXrda
bmi`V`gü`nZo`OJVnV`A\$`marVZ`{`adVnV`Va`HóUr
Ani`ü`^`a`nm`raI`SV`MnbV`ahnVnV. nnoAV`AP`Znhr,
dó`Znhr,`{Zdnam`Znhr`Aerhr`AdriWm`AgVq`Varhr
{OOrZoOJUmoAgVnV. XwJ`nMr`V`_mZ`H\$avm`OrdZnblm

gm_nnoOnD\$Z AmboC0ri>gnU` H\$VnV. Aer AZb\$
CXnhaUoXVm`Wrb. n\$YaYnZ emnTr, _\$r gtebH0_ma
{eXo ~m-mAm_O\$ {ednOrand n0sY2, bd H\$ {dIdng
nn0sb, H\$d _hizna, X` mndna AgoAZb\$OU Aj ae...
OrdZner gKf@H\$Z VnR>_nZzC^canthbo E`n\$` mhnVZ
g_nOm`ndr H\$ni`KSbo H\$hr i`°\$s `m U`ò nZo
Pnn0bè`mAgVnV. Jm H\$^r_gZ Omer Jn` H\$mbVm,
Amem øm AnXe@i` {°\$_EdmMr Jm Zgodm H\$Z
g_nOntm_XVrMmhmV {Xbmd OrdZ g\`bo H0bo

_nUg U`ò eY` Agb Va ^aH\$0è`mà_nUo
dmJVnoCXng OrdZ OJVno OrdZ hr _nè`dmZ XUJr
AnhoVr Aer \`n0n0nà_nUoCSsiz Xè`ngna l r Znr
Ami`j Umj UnZogfV AgVo J0mj U naV`W Znr.
Var dV@nZnV OdtT\$Mn\$boH\$Vm`B0 VolT\$H\$and0
_nUgnbm g_nOnV {gi E`ngnR\$ gnid^ndmMr JaO
AgVo _XV H\$E`nMr d\$nr Agndr bmJV0 {dcb\$
{dMnanMr On0>bmJV0

“ OrdZnMr JnS\$ Wn0\$ {dMnanZohnH\$ ao
dn0>l nMI i ½ nMr ZH\$noSni oPnH\$ ao”

gH\$0ahr gn0Z `W ZgVnV AH\$hor Ant0bo
ng, ^H\$, A{VdY\$, dr0>H\$ngi Uq B_maVr nS0q
JnS\$gn0AnKnV Aem AZb\$ gH\$0azm gm_nnoOmdo
bmJV0 H\$hr d0 m Odi À`m _nUgn0_è`ynhmdo
bmJVnV, hnd`nMoZihVohnoAem d0 r OnogndYnUo
dmJVno Yj`Xmi dVnoVnoOJE`ng bni H\$RaVno

Xw.l hr H\$hr d0 m _nUgmA`m
A{dMnanUm_ii o`WnV. JnS\$ nH\$E`ngnR\$ Ceram
n0eZda OnUq anVmMn\$ZoAn0n\$Uq KanV/bm{gb\$Sa
Zr0>Z H\$Uq {JPa Zr0>Z dmaUq S\$0aH\$Sedi da
Z OnUoAemhbJOunUm_ii oXw.l `WnV. KanV {H\$Vrhr

gn AgboVarhr Ag_nYnZ {MS} nnd^nd i`gZnYrZ
hnb0 _bn0ja KaÀ`m _nUgn0ja amJndUoøm_ii oKanV
en0Vm bm^V Znr d OrdZnMm Vnb {-KS\$no
_Z_i nD\$nd^nd, l 0 _0 rZahnUoAgogdnZmO_VM
AgoZnr.

AnDÀ`mg_nOnV M\$ i dnX \`na {XgZ `Wno
JaOnhr dntè`m, VéU NnZNaH\$ \`\$eZÀ`m Anhr
J0bo {XgVnV. E`m_ii o l {M\$ d\$nr {XgVo ngm
{i dE`ngnR\$gd0U YndV AgVnV nU ngmg_nYnZ
XVnoAgoZnr. eod0\$ H0R0ar Anda Krbndm bmJVno
KanVrb {0`mgte{j V Agè`m_ii oZn0\$argnR\$ ~nha
nS0nV. _bn0Zmni UnKa AnU d0n0md0ml _Aer
AdnVm H\$goào dn0Jna? gd0 èj nUm OnUdVno
KanV VnUJUmd {Z_n0 hnb0nV. _bo Or>ihr. g_n0
~gbl0r {XgVnV. “ OJr gd0gnV r AgmH\$0U Anho”
Agoam Xngndm_r ahUVnV. “ am {XZ Anahm`W XnVm
àg\$ ” AgoVn0nam_gn0Z J0bo h0è`n0/0~n0 AnO l ao
RaboAnhV.

ømgdn0a Cni ehndUnUmA\$Jr AgUo0éa
Anho {dcb\$Z0dMnanZodmJboVa gd0gn`n`mg0Vrb.
EH\$H\$drZoah0boAnho

“POH\$Z O\$H\$ OrdM Xw i mUm _ZnMni’

\`0n0bmnhmg^ndVr AnZ\$ OrdZnMni’

\`0n0bmH0R0_nhV AgVoC0mAnnb0{Z_n0è`
hnb0na Anho? VoOdT\$H\$ni \`0b0boAgVoè`mH\$ni nV
gn0\$ X0\$Z OnVo Vgo_nUgn0oJmdo

“AnndnX KogU nZo`è`mZi`mj UnVm

Aiha H\$ni H\$argr AZ_n0 OrdZnMni’

l aM {H\$Vr g\$0a eàXnV H\$drZohodU2 H0bo

Anho ~m ^ . ~noH\$à àhUVnV,

“I verb Ji Vm Ji m \0bnZm hgV gam
_nPr`mj UmZm

~K j Un`mnmZJi rV_r Aj` j U Onbq

Pir H\$AnUI r EH\$AnUI s EH\$nmZ Ji bo”

À`nZog_nOngnR\$ KanVrb _nUgmgR\$ WnS\$
dó {XbmPrO gmgbr. `nbmOrdZ àhUndo OY`mngyZ
_E`n`V MnbUnamhmdng (OrdZnà_nU) nne`nÀ`m
àdnhà_nUodrhUnam AnhoVnoAnZ\$ZmZoJE`nM`nD
Anho _nUgnZo AmendnKr Agmdq H\$g\$OJm`M Vo
AmUM Radm`V\$`H\$EhV H\$EhV H\$ hgV hgV’.

OrdZ hoAnZ\$XnMoPrS>hd\$ Zm_r ~habbo
OxlOxlV. Annè`m OrdZnH\$S\$ nntVnZm bnt\$Zm d
Annè`nbmAnZ\$ CYi z Xuao órMognK`©{ZgJmPr
a_Ur`Vm Pè`nMr Pii Pii , dnMZnVrb {dMma,
{M`H\$Vrb ZVnVrb H\$pe` hr nhm` bmdí Agmdm
VaM OrdZnVm AnZ\$ Klv`Vno

OrdZ hr gndUgyr Anho

nUm _b\$ki o

À`ð>ZmJ{aH\$
RxlJo

{X	Amncr
em	_Vo
{Z`{V	OrUyZ
dnMm	KÈ`mg
	Anàhr
	CÈghH\$
	Anhnt/.

WnS\$`mV nU _hîdmMo

nantUmV J\$V EH\$U ARam, gJW
AdVnan`m_hnÈà`m-ame-a nantUo dnt`br
{dîUWloXhmAdVna H\$Wm, {ednÀ`mbrbnM/m
à`nd nantUnZr bnt\$à` Hè`m È`nMr Zndc
Aer 1 ~←, 2. nj , 3. {dîUw 4. {ed, 5.
^ndV, 6. ZnaX, 7. _nH\$Sà , 8. A{¾, 9.
^dî` , 10. ~àhdV, 11. qbJ, 12.
danh, 13. ñH\$X, 14. dm_Z, 15. H\$, 16.
_Èn` , 17. JéS> 18. ~àhnÈS> nantU I dU
andmngyZ a\$Hn`V {ZÈ`nÀ`m Yn`P\$ {dY
ànMrZ anOq d\$ndi r, H\$ni JUZm, gV\$
{Z`Vr, ^JdVnMo{dY AdVna, È`nM`H\$ni`
àb` , ^yJnb, I Jnb, `nMo {dnVW dUZ
nantUmVZ AnboAnho

^maVr` Y_©, g\$H\$Vr, _nij gmYZ,
`nÀ`m {dH\$ngmV nantUmMo_nR\$gmx Prbo
gH\$m_dVo EhrH\$ A{^dYXrMr bntgmg
nantU_vio Prbr, Ad{XH\$S\$`m bntd ntr
qhXiv`©I i {I i m hne`mngyZ nantUm_vio
dnMbm dXnVrb {dMma, H\$©, CnngZm,
BÈ`nKr bnt\$H`^_vî Hèbr. Cn{ZFXnVrb gÈ`
knZ AZV na~àh nantUmVZ gJW gntofV
n{VnndZ Aem ê\$nmV C^oant`hbo dU©
~møZm nantUmZr ^nPS`A`mgmYZV AnUbo
nantUmZr - àd`nr, {Zd`nr, `Vr, ~àhMnar,
JhñW, dnZàñW, ór, eD, g\$H\$a OmVr d
Ìp{U\$`mgdmZm Cn`P\$Y_©gmJVbo

{M}nmdbr

H\$brU` mnH\$hm C{ÎmôV, OmJV..

{M}H\$b{df` nMo_hîd AZî` gmYnaU Anho È` m NîiZo{XemZohr bd _nbm à{gÕ Hôbr. bd _nbvrb hm eadQmmbd - gfnKH\$

H\$br{ej H\$Hîdi emi Mr gOmdO-H\$arV Znhr Va Vno_lobr_Zo\ôbdVno gOdVnoembô {M}H\$b {ej UnMm hlv_lobr {M}H\$a ~ZdUohm ZgZ È` nZm a{gH\$ ~ZdUohm Anho An{U hoH\$m_ H\$br{ej H\$Mo Anho nU XkprZoAnO H\$br{ej H\$ nOem OaH\$È` nMo H\$m_ H\$aVnZm {XgVnV. È` nZr AnÈ_narj U H\$aÈ` nMr dâ Anbr Anho

AnO embô nVamda H\$b{df` nMr Ji Mnr hnv Anho ho{dKriVH\$ Anho Annè` m XZSXZ OrdZnV gdM H\$br{df`V... {M}H\$b{df` EH\$ _hîdnMod{eîOenU}nVnZ Anho È` m_î oH\$ondVnâ` m hñVinenZô gm_î` nZô{düdgH\$ dñrbmAmi m KrbVm `Bô. {düdgH\$gm_î` nñj maMznÈ`_H\$gm_î` QZ{rMM AnOÀ` mOJmV hdoAnho `m NîiZo{M}H\$bMo{ej UnV _hîdnMoriVnZ Anho H\$br{df` dY{df` nMoknZ_lobrZm ghOVZohmVo gm_n{OH\$, gnH\$VH\$_jè` nMr OnngZm H\$aÈ` mghr hm {df` nmrH\$ Anho `nVZM_lobrMo î`{°\$îd KS\ AgVo nU AnO embô OrdZnV {M}H\$b{df` nMoriVnZ d_hîd {H\$Vr Anhô? ~hng\$` nrôH\$, g_nO, gñVnâ_vî , gñVnMrbH\$` nMo_V Ago {XgVoH\$, {M}H\$b{df`MmH\$ñ` Cn`m? Am_À` m_lobrZm {M}H\$a H\$aM MoZnhr. hmdô H\$ñty{df` M_î nV ZH\$no (gñV_î` _lobrZm ASH\$dmî bm` m {df` nMo Šbng hdV. \S>O_mH\$aÈ` mgnR{M}H\$b{df` mñnYnñî` nV.) AnO {M}H\$b{df` An{U {M}H\$b{df` Xlbç V hnv Mrbbm Anho embô OrdZnVZ H\$b{df` CMbbm JbomH\$ ~nH\$ anhrb eý`. H\$b{ej H\$Hîdi emi Mr

gOmdO-H\$arV Znhr Va Vno_lobr_Zo\ôbdVno gOdVno

H\$br{ej H\$Zr AnÈ_narj U H\$aÈ` nMr dâ Anbr Anho Ambm {df` emi V {O}H\$dm` mgnR{ Anjhr an{hbnr{hOo Hîdi nnoemOaH\$Z hoH\$ñ` gñî` hñJna Znhr. H\$Xr{MV H\$ñhr ~Yw^{JZtZm` nMmamJ` Bô An{U Voñdm^ñ{dH\$ Anho nU _bm Anboè` m H\$ñhr AZî`dm dèZ_r ho_V_n\$V Anho AZî`d Ago_ôBâ` m EH\$m à{VpîR\ emi Mr EH\$ {dUmWZr_o _{hî` nâ` mgñV AnOrH\$Sanhmî bmAnbr hnv. {VÀ` m AnOrÀ` mgñÈ` ndèZ Am_À` meni V gè\$ Agbè` m N\$ dJmM {Vbm àde {Xbm. EH\$ {Xdg gññ{M}m-m-V MMmMmby AgVnZm Vr nO-H\$Z àhUnbr, _bm Znhr_nhrV gññ{M} àhUOoH\$ñ? _bm AmM` dno`o Vr B` Ìnm AnRstV hnv. àhUOo I aov {Vbm_nhrV Agmî bmdohmVo_r {VbmàhO`o VPr emi Mr dhr CÚmKDS` `o H\$aU {Vbm{M}H\$bV `E` I ùr hnv. Xgè` m {Xder {VMr dhr àhUOoH\$ñhr ~H\$ hñVo Sñ` mnmZndaMoa\$Rv Nñrb {M} nñmî Mo d COi` mnmZnda Oga` mVgoH\$ñZ a\$dmî Mo

Xgam{H\$ngmAgmH\$, AmU_lobr` mdrfF\$ H\$ñ_nMoàXeZ` ^adVno È` nVZ_lobrZm nñgñhZ {i Vo dolî mAZî`d {i Vno àXeZ`ndèZ {df` {ZKnbmVohm EH\$m H\$br{ej H\$Zom_ \$ hnv POH\$bo `H\$ñU H\$aVnohr _JO_nar? Anàhr Znhr H\$arV H\$Yr àXeZ.` ho EbtZ AmM` M dno`o_ZnV AnboH\$ Annè` m {df` m-m-V {ej H\$M EdT` CXngRZ Va BVanZr H\$ñ` H\$andè` Vohm

~Yw^ {JZrZnq EH\$ H\$! H\$! nMr {dZYr Annë` m EH\$
^ {JZrH\$S\$Z, Annë` m {df` nMo_hîd gd^Vanda nOslZ
Um

H\$om hm {df` H\$m nZ^ dnVJ^ Z RøVm `ndVj, hdm
Aer AmJkr _mUr hdr. H\$naU H\$m nZ^ d ho _mJ^eZ
H\$meë` (guided skill) Va {MÎH\$bm àhUOo
_mJ^dîH\$na (free expression) XngaoAgoH\$ embò
{MÎH\$bm {ej UnMmhVj _mJ^m {MÎH\$na ~ZdUohmZgZ
È` nZma {gH\$ ~ZdUohmAnho I aoVa AnnU Oo _nZVnq
aMVm {Z _mJ^ H\$Vno Vo gnK` ©Anho `nMr OnUrd
{dUmî` nZ^ oPnor Va {d {dY {RH\$Ur gnK` ©gugstnK
KSlo. `m _mJ^ m ZnMr gOndO {MÎH\$bm {df` H\$Vno
AnU EH\$Xm _Zo gObr H\$ _J nè m dhrVè` m,
^ylnonVè` m AnH\$È` m ZQ\$È` m `VnV. àÈ` b\$ dnVj/rb
gnK` ©Q\$È` ng _Z g, m hnvO `mVZM {dUmî` nMm
i` p\$V_îd {dH\$ng K\$Vno d OrdZnVbm I am AnZ\$
bòVm `Vno

{d {dY j d nV H\$m_ H\$aUmè` m i` °\$mM
Amad Zmer g\$-Y `Vno S\$Qa, B\$OZrAa `m j d nVrb
{dUmî` nZnr AnH\$È` m H\$nt` m bmdVnV. È` m ZQ\$È` m
`m` nV `ngnrMr OnmgZm embò nVandaM îhmî bm
hdr. È` ngnr {MÎH\$bm hm {df` gd^B` ÎmgnR` A {Zdmî ©
hdmAer AmJkr _mUr AnnU gdnR` H\$e\$` m

H\$om {ej H\$hm`AÜ` mnH\$ Agndm àhUOM
`nVrb nÈ` b\$Aj anVm {dMma H\$omVa `A` àhUOndV...
`AÜ` `Zerb` Agndm H\$naU OJnV ZdzrZ {dMma
àdnh `V AgVnV. È` nMoAÜ` `Z H\$eZ VoAÜ` mnZnV
AnUbnm {hOv. {dUmî` nZmZdzrZ àdnh nMr Amî I
H\$eZ {Xbr nnt{hO. `Ü` m àhUOo {dUmî` nA` m {hVnMm
`Ü` ng` AgUmam hdm _r _mJ^m H\$m XQ\$ eH\$Z?
È` nA` nVbm _mJg H\$gm K\$slY eH\$Z? È` nA` nVrb

gnK` nZ^ éMr H\$er dnî dY eH\$Z? H\$naU È` m _ir oVr _mJ^o
{dKnVH\$ dZnrH\$S\$Z {dYmî H\$ H\$m nP\$Sadi Vrb. VgM
`n` àhUOo `nannH\$nar` dZnrMm Agndm `H\$` àhUOo
`H\$V` Z {dZ` Agndm AnnU Oo H\$m_ H\$aUma È` nMr
H\$! H\$! hdr. ` _mJ^m `V Znhr ^rH\$ Va _mJ^VaH\$ erH\$
Agm ZH\$no XbmZm Vno H\$Ungna I m CXna. hnvMoH\$nr
amî jZ RøUam ZH\$no

Vòhm H\$onü` mnH\$ { _î - _î UrZnq _nA` mda
Z amJdVm da àhOè` m à _mJ^o Annë` m {df` ngnr PJSy
`m S\$.ES\$ Pmbè` m {ej H\$mZo {MÎH\$bm {df`
{eH\$È` ngj mE. O\$. S\$. Pmbè` m {ej H\$mMr Zo UH\$
îhndr, `ngnr nMr nMndmH\$È` m OÜbH\$ÈZ Annë` nM
~nZ dnZm H\$m_ { _i ò. H\$om hm {df` à {ej V
{ej H\$ZM {eH\$ndm Aerhr _mUr H\$È` m àhUj
àhUVj ` C {îmRV OmV'.

gn_ {Oar _mYd Xn\$H\$a

_Yw {qbX {~{èSSJ, KQmi r anG>
Znqns, RøUo- 400 602U
XpÜdZr: 25414539
manjirimadhav@yahoo.com

**{dUm àgmaH\$ _\$i , RmUo
CnH\$**

- 1) ^ndoamî` i` m` nZ_nbm
- 2) {Xemî` ngnrR>
- 3) S\$ dm Zm ~Sb\$ n`_Vr i` m` nZ
- 4) {dUm àgmaH\$ _\$i - dYnRZ {XZ
- 5) Znai rntU_m - g\$H\$V {XZ
- 6) 5 gBQ>a - Xrj nV_g_ma\$

JrVmB©

JrVm_g_OrndZ Kf`ng Cn`ndr RaVrb AemJrVmMon[aM` {XemVZ Anahr H\$eZ Xb/no I r_Vr Anem{^Sø
`nA`mà_nUW AV` H\$eZnrbom Agon[aM` H\$eZ nrRelnd` nMoAgVrb Va Adí` nrRelndc - g\$nrKH\$

naYm_àH\$eZ, ndZna, n00108 qH\$_V - 50
ngj (dYm) _hnami>

OnZolmar 74 Mr "JrVmB©Mr AndVnr_nA`nOdi
Anho Vr 57 dr AndVnr Anho È`nA`màVr 25000 hri`m

JrVmàdMZo 1932 gnbr Yw`nA`m Olo_Yo
{dZno-nOtzr {Xbr. gnZo JieOtzr Vr È`ndó r {bhz
KVbr. È`mZYa È`nMoniVH\$ {ZKnboAgUma. "JrVmB©
"JrVmàdMZo ZYa H\$ AnYr {b{hbr Jbr `nVm H\$Rø
I lbrngm Zthr. nU AmJo_mJo {b{hbr Jbr AgUma
gnYmaU È`nM gw_nrbom

"JrVmB© ho JrVm J\$VnrZhr bhrZgo nniVH\$
àhUE`ngj m nniVH\$ Anho `nV JrVMog\$H\$V íbrnH\$
ZthrV. AW\$ Zthr. H\$naU "JrVmB©hmM JrVÀ`mg\$H\$V
íbrnH\$Vm _anR\$ g_íbrnH\$ AZdnK Anho JrVMm
^ndnW`g_Olo Aem arVrZo A{ve` gn`m d glo^
_anR\$V hmAZdnK H\$obom Anho

{dZno-m àhUOo "JrVmB© Ago {ZXmZ _anR\$
^nfFH\$ngnR\$ g_rH\$U Anho JrVMm g_íbrnH\$
g_ÀN\$`r _anR\$ nUmZdnK àhUOo" JrVmB©

JrVmB©`m I mb AU``ZmgR\$ _mJ`eP\$
gnà``nd Xr{nH\$`àhUOohoJ\$V-Ì`-

1) JrVm àdMZo

2) pñWVàk XeZ - JrVMr AnKe©_Vu!
ànVZV {ZÈ` àhOè`mOnJnè`mARamíbrnH\$la _pJm_r

{ddMZ! J\$VH\$È`nA`m OrdZ XeZnMm Jm`m`m J\$VnV
AmT`i b.

3) JrVmB©MV(ZH\$ - JrVmB© JrVnU`m g\$Vr
An(U 108 gnà`gY`o`nV Anhv. Aà`ngH\$MojrVmB©
qMVZ qMV(ZH\$ {edm`n)U`nnd\$eH\$Uma Zthr. (hogd©
J\$V darb nÈ`nda CnbāY hnd\$eH\$Vrb.)

JrVmB©_nD\$or _mPr {VMm_r ~mi ZbVvm
nSVmaSVmKB©CmbfZ H\$Sdar V& {dZno-m
_nV n00A`m _mJod _bn00A`m _mJo" JrVmB©Vr
A{YH\$U_nbm {Xbr Anho `nV gnV H\$Sdar Anhv.
g\$VJ©JrVngma È`nV AnboboAnho

g\$e\$dnVrbm" JrVmB©J`U`mZ' AnhoVoAgo
^°\$nVoa{V~nYbrg g_ar
Znam Uol rdaJ
_p0 g\$VWbrg _mY`_qZZo
dXmV - {dUnH\$ak
_mVo fto\$ {YH\$naUr gVeVr
AisKenU`m`Zr
Vy|_r AZng\$YVno{Z(e{XZr
JrVo ^`U6fZrV&

AZnH\$_UH0V {dZno-nOtzr JrVÀ`m AU`m n\$Zm
ñdV: {Xbbr Zndc{Xbbr Anhv. JrVmàdMZm_U`br
hrM ZndcAZnH\$_UH0V Anhv. \.\$Oamg{dnVa Anhv
BVH0M.

• AU`m 1 bmJrVÀ`m n{hè`m íbnH\$Mm hm AZwlnK nhm - YVamí>áhUnbm -

È`m n{dÌ Hèj ðr n\$MoAnfU Am_Mo
`W_XnV`O_boVohm\$dvBoH\$ñ gD`n&&1.1
ZH\$no` ZH\$manA` ZH\$nw _O Vr gñ o
anA`|^nol|_i oH\$ñ qH\$dmH\$ñ OmjYZ hr &&1.32

• AU`m 15 dm- CÜd`p_Yg eml \$... øm íbnH\$Mm hm AZwlnK nhm - I r^JdnZ áhUnbo-

I nbr eml mdar _j {ZÈ` AceÈ` ~nbbm

Á`nA` m nzn\$ Y|dK OnUoVno dK OnUoVno &&15.1
AÈ`Y Jj>hoemó {Z_P m Vd ~nbbm
hoOnUoVno~pUX_Y hnbB HVHÈ` {M&&15.20

• AU`m 18 dm- eadQAm íbnH\$`Ì`nolœa H\$U.....

`nolœa {OWoH\$U {OWonnV`YZW`

{VWo_r nnhVno ZÈ` Y_9 rO` d^d &&18.78

JrVMr AnVm ~arM g_íbnH\$`mfnVao Pnrb Anhv. nU "JrVnB`hm n{hbnM _anR\$ g_íbnH\$ AZwlnK Agndm, È`m dó r JrVBVH\$M "JrVnB`hr bñH\$`à` hmv. "JrVmädMZd d "JrVnB`{bhZ {dZno-nOtZr JrVmgd@_m`m`V ZD\$Z nñM dbr.

"JrVnB`hannH0>H\$ Anho H\$Rbr ZVm`È`ngnal o nñnM EH\$M "JrVnB`hmvV KD\$Z AZw`dZ.

Anem {^Sø
~r/9 {dO` AnnO`Dg²
"AnamYZm QnH\$Oodi
RñLo(n) 400 602
XpÜdZr - 25410140

AnVm` QdZno-m ^mdo` nMo_nfbH\$ {dMma :
^maVr` JUV\$ngnR\$ AnnU AenH\$MÝh, ~nV {MÝh
áhUz {ZdSboAnho `mAenH\$MÝhmV AZbH\$AW[©]
XSboAnhv. Jm`r AnfU _T`emH\$ñ nñzr ahmVnV/
H\$naU È`nA`nV Yj`nVm A^nd AgVno _T`emH\$
AnnU A{hgH\$ áhUyeHV Znhr. È`m ZngÈ`nM
{^`mAgVnV. `nCbO`qgh Yj`mZ Anho O\$bmM
AZ[^{f`\$anOmAnho na\$VwAnnè`nM àOnOZnRr
{eH\$na H\$Z È`nVmXanam{Z_nM`AnbmAnho qgh
YrO>na\$VwAnH\$H\$ Anho AnH\$H\$ Agè`nZoVno
EH\$Qm nSvno

AenH\$ZuAemEH\$Q`mahnlUnè`mMna qghnZmEH\$Ì
AnUboAnfU EH\$ñZi`nM qghnrbm AprVEd {Xbo
Omep Va Anhm nU È`m-ane-aM àonA`m ~YZnZ
BVanf-ane-a ~nVbm Jbm Anho _T`em H\$ñ nñV
ahmVnV nU È`nA`nV Yj`nVm A^nd Anho qghnH\$Sø
Yj`Anhona\$VwXgè`ngnR\$ ào Znhr. OwwYj`AnfU
àon EH\$Ì dng H\$VnV, VwVoaqhgmdnVi`ng `V
AnfU AqhgMr VnH\$X`nM Yj`AnfU àonA`m
`WV AgVo

AenH\$MÝhmVrb Mma {gñ, `nVXm AenH\$Mmo
gY`mJu AenH\$ñ YoPnbbon[adVZ`Xe@VnV.

àÈ`bH\$`maVr`nH\$Søqghngnal oYj`Anm dno na\$Vw
È`nZoqghngnal oñdV\$ Z ahmVnV, EH\$ñ nZoahmdo
AgoAnahng dnOVo hrM I ar H\$Yr AnhoAnfU
hrM H\$Yr Jm_XnZ Mi di rV àVrV hmv

AZwlnK :
erñR` ^mdo
{dUm Jm`H\$dmS>
VWV`df`dYr_hm{dUnb`, RñLo

JgVn[aM`

H\$nb[Zü` ZmgRr Cn` P \$ RaUmam_hEdmMm gX^©JgV

Ir. Ir.b. {0: H\$ d àm gnznbr nDjH\$` nZr gH\$bv H\$obm gX^©JgVnMn[aM` `WoXV AnhnV.

- gHnXH\$

gX^©nMr gmYZoV` na H\$VnZm gHnKZ d gH\$bv
`nZm A{Ve` _hîd AgVo gHn(XV AWdm gH\$bv
grhE` nA` m AmYnanZoPnbë` m Aem àH\$na` m gX^©
grhE` nA` m, gX^©JgVnA` m_XVr{edm` H\$nbE` nhr
knZeml Vrb gHnYZ d gHnYZnY{0V dnt>hnl anhuq
Hôdi AeŠ` AgVo ndm`m{dH\$M, gHmYZ
A{YH\$YH\$ Cn` P \$ ihnd` nMoAgb, g_0 ihnd` nMo
Agb Va CÉH\$>AnU H\$enH\$ nÖVrZo gHn(XV,
gH\$bv H\$E` nV Anbnr gX^©gmYZoCnbāY Agndr
bmJVnV.

gHnYZnMoAgM EH\$ _hîdmMoj d àhUOo
H\$nb[Zü` Z hohn! AZH\$ àH\$na` mKOZm, E{Vhr{gH\$
XnVnEdO d gmYZgm_JrA` m H\$ni nMr {ZpIMVr H\$Uo
hdH\$di B{VhngH\$nanZnM Znhr Va _nZÉ` {dUvrb gdM
eml nZm Amihnz RaV AnboboAnho {VWr ~am-a Anho
Va VnarI Oir V Znhr. VnarI AnhonU df{H\$dm dna
`nA` nV J,,V Anho Aem O\$nmq` V `D\$Z gHnYZnMo
H\$M_AY@Q>gn\$ndobmJVodH\$dmal SvoAer Ag\$`
CXnhaUoB{VhngH\$nanA` m M[aI AnE`_M[aInMo dnmZ
H\$VnZm gmsVnV. {edm` H\$nbJUZA` m nÖVrhr
nūH\$si Agè` nZo H\$nbJUZn{df` H\$ gX^©r dna\$ma
nSvni ŷ nnhndobmJVnV. Aer nSvni Ur H\$E` ngnRr
H\$ni nMm{ZX}e H\$Une` m {d{dY gmYZnMr CnbāYVn
_hîdmMr RaVo Aem gmaE` m ndVŷ nUo CnbāY
AgE` mgj mEH\$IV AgVrb Va H\$nb[Zü` Z A{YH\$
AMH\$ RaVo

`Woindm`m{dH\$UoEH\$ àiZ {Z_n0 hnl/nq Vno
àhUOo{H\$Vr dfrA` m AnU {H\$Vr H\$nb_nZ nÖVrA` m
gmaUr EH\$IV H\$Vn` Una AnhnV. gH\$UH\$ dnmam_wi o
hmarZ gnmPnbobmAgbm, Var H\$nb_mnZ nÖVrVrb
{d{dYVn, E` nMr g\$` m, H\$ni nA` m AnknV bni Pnbë` m
nÖVr` mgd{aiZn_wi dH\$nb[Zü` Z AdKS>hnd\$Z ~gVo
`nMoH\$naU _j gHnYZnMm {df` ~nOjbm ReZ` m
VnŷIH\$ VnerbnA` m enVnRr ~anM di XdSædm
bmJVno `nda Aem H\$nbJUZm gmaUr/loEH\$ rH\$U
H\$obondē\$ hngH\$na` m NiOzZogn` rMoRaVo

nAMH\$nb é\$nbnr

`mnm{d`y_rda, nM\$H\$nb (nAMH\$nb) é\$nbnr
hmA{Ve` Cn` P \$ d_hEdmJgV gHnYZnMmCnbāY
Pnbm Anho XnZ dm E` mgj m A{YH\$ H\$nbJUZm
nÖVrVrb EH\$X{dgnMr gd`m{hVr XUne` mgmaUrbm
H\$nb[Zü` ZnA` mn[a^mfV Oŷr hmeāX Anho _hmarri`w/
_nD\$ Oŷr, I ao Oŷr, YmadnS>Oŷr B. n«_w Oŷr
CnbāY AgUnar JgVnV` q Aën n«_nUw H\$nhbznl
AnhnV, H\$ni nA` m AnknV Pnbë` m dnmardéZ` m
Oŷr_Yrb I@>d`_nknri>hnl Jé` m `m`_nRr_ame-am
nZ`_UoA` m A^ndr `m OŷrMr CnbāYVnhr [dai M
hnl Jbr. E` mXU_P hnl Jé` m

CnbāY XU_P gmaUt_Ü` o Zgblom qH\$dm
g_m{di>Z Pnbm H\$nbI \$>d E` m H\$nbI \$mVrb
H\$nb[Zü` Z hnh àiZM Anho `m~m-tMm{dMna H\$VnZm

A`d>Aä`ngH\$ I.r. b. {0i H\$ d am gnZnrb n6UBt\$
`nZr nTsb H\$rbI \$aVrb nmM H\$rbJUZm nUXVtMm
g_mde AgUmar VlbZnE_H\$ gmaUr, ({bnr) V`na
H\$eSZ àH\$neV H\$lor. È`nA`m`mH\$in_m_wi og\$emVH\$M/r
_nr\$ gmò hntUma Agè`nZo g\$^gmr(hE`nVrb hr
_hTdnMr ^a RaUma Anho

`mè\$in{bnrV gH\$H\$U`nZr bj nV Kvbbo
H\$rbI \$>d H\$rbJUZm nOvR nTsbà_nJoAnhv.

1. {dH\$g\$IV (1935 Vo2062)
2. em{bdnhZ eH\$ (1801 Vo1927)
3. {edanA`n^fbl\$ eH\$ (205 Vo332)
4. [¼nVr eH\$ (1879 Vo2006)
5. {hOar eH\$ (1296 Vo1426)

àhUOM `mè\$in{bnrV dfrA`mH\$rbng\$^nF
nSVmi Ur H\$aVm`B@ AemgmaUr Anhv. `mdfrnMr
~arO dOm-nH\$ H\$aVm {VWr dm {XZnH\$ {Z{üV
H\$aE`ng\$-Yr _n{hVr ànV{dH\$ ^mJnV Anblor Anho
`mg\$^nVrb J{UVn\$Ü`oA{YH\$ng, _ngj` , {VWrMr
dÜXr qH\$dm j` Aem AZbt\$ ~m-r AgVnV. È`nMo
ñni\$H\$aU {Xbbo Agè`nZo gmaUtMm Cn`mJ gub^
PrblomAnho nw 14 Vo16 `m^mJnV XE`nV Anblor
_n{hVr Aä`ngH\$ An(U g\$emVH\$H\$saVm\Sha _hTdnMr
Anho

{d>`nV nVn\$H\$V)S\$ {d. dm gnVngH\$a`nVr
ànVndZm`m J\$VnV bnr^br Anho n\$ 4 Vo32 `m
^mJnVrb _n{hVr _anR\$ d B\$UOr AemXnVhr ^nfrn\$Ü`o
{Xbbr Anho È`m_wi ohmg\$^g\$V nnhVnZm`D\$eH\$ob
Aer ^mfrMr g\$`m` ASMU Xp Prblor Anho
^maVr`M ZihoVa OmV{VH\$ nVancla g\$emVZ H\$aUmao

g\$emVH\$, Aä`ngH\$, bd H\$, nVn\$H\$V, J\$Vnrb,
{ej H\$ d {dUmWu`m gdnA`m Nri\$ZoAE`V`_nbnMm
Rab AgmhM J\$V Anho

S\$ gnVngH\$a`m ànVndZV E{\\$ _arO
C,,d H\$omAnho d E{\\$ _arO ng mhr én{bnr Cn`W\$
Agè`nMo Z`X H\$bo Anho ànVn{dH\$rb {Xbbr
g\$EganA`mZndnMr`nKr, dXn\$Ü`ogj {gUXnVH\$nanZr
{Xbbr d Cn{ZFXnV {Xbbr`mXnVhr H\$rb_mZ,
nOvTMr _n{hVr B. _OH\$a Cn`mJr RaUmamPrblomAnho
`m_hTdnJ`g\$^g\$VnMo àH\$neZ`_b\$A`m erb,
àH\$neZZdH\$boAnho g\$H\$H\$U`nVr Ani I hr d'oZnA`m
Xw_Sbè`m^mJnda Anho

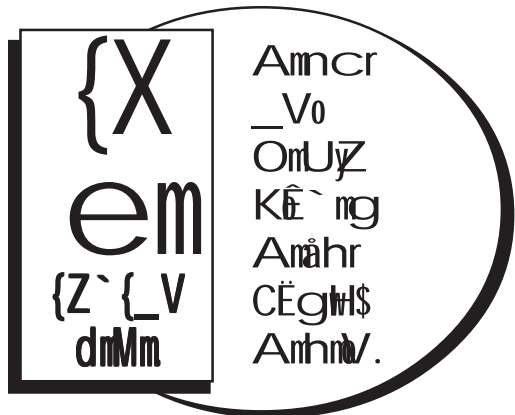
**n#nH\$rb è\$in{bnr
gH\$H\$Z ...-**

I.r. b. {0i H\$ d nm gnZnrb n6UBt\$

_B`erb àH\$neZ ,2005

n\$ 30,262 _e` é. 400/-\S\$

àm _nbZ nmRH\$, RnJo



_ZmVrb hmd

_nUgnbmgul nMmemV H\$Yr bmlbml Zhr; H\$naU È` nM\$ _Z hnmblb\$AgV\$ OJ^anMr _\$O i \$È` nblm l WndV anhvml. - ggnKH\$

_nUgnA`m _Znda {H\$Vr, H\$nuVoVUnd AnfU {H\$Vr à_nUmlV H\$ni \$V AgVmlV `nMr J{UvoA{Ve` AdKS>Anhv. H\$nuJnbm H\$nuÈ` m Jni`Mm VmlU AnfU H\$ni `Wmo ho i` {`\$gmj Anho ~nOmanV Jè` nZ\$va _OjAnA`mXm\$ZmV MmbUnar H\$nnH\$nr bns`Z nnhZhr Ìng hmlVnoVa H\$nuJnbmhoVÍ` A{O~nV ÌngXmì H\$ dnoV Zhr. VmlUVUmdnMo à_nU, È` nVrb H\$naUo`m_Ü` o gmVÈ` nZo hmlUmar dnt>bj nV Kulo `m VmlUVUmdnMo ì` dñVmnZ H\$naUo`nMr ñdV\$ emñ{dH\$gV hmlV Anhv. d`m{df` nla AZbt\$ Aä`ngnU`\$Vhr `W Anhv.

_Znda VmlU`È`ng bmlUmar Aer H\$naUoAg\$` Agbr Var _Ü` dJu` _nUgnA`m _Znda`Wne`mAem H\$naUn\$H\$ à`_i Aem XnZVrZ H\$naUn\$M {dMna`WVo H\$and`nMm Anho _Ü` dJu` _nUgnMo EH\$m eäXnV dU`Z H\$and`nMoPriè`ng `^rSäV', qH\$dm`nñn^rè\$ Ago H\$avm`B\$. È`m_ü` oBva dJnñg m'bnbl\$M{dMna', `m _Ü` dJnñ`äm`w` nZo H\$blom OnVno È` nVZ aO>ag, Xngè`ñer VlbZmdm~ano-ar H\$naUohr dmVÈg_ dfeio\$ o àm`w` nZoAmñ` VmlV. Tim Hindle`n\$`mReducing Stress _Ü` oVmlUVUmdnMr ì`m`m`'_mZ{gH\$ d enar{aH\$ñdñmì`nV ~mYm{Z_nñ H\$naUmar AdñWm Aer {Xbr Anho

V\$ knZnMm gng

OrdZnVrb gd`j d`o KaJWr d H\$ni nñ`rZ OrdZnÜXVrV AnO V\$ knZnA`mA{Vab\$ gng Agblom {XgVmd V\$ knZnA`mgnhæ`nZo{dH\$gV Pñblor hOmano

CnH\$naUodmnaUohogneb ñO\$gMo_nO>mn hnd\$ nñnV Anho qH\$~hZm{dOMmdmBb\$O\$Z\$gMmdmna àhUOM àJVr AgmàJVrMmMm\$MmAW`e\$T>hnd\$ nñnV Anho nmlnV OJmVrb `dmnam AnfU `H\$ni hr OrdZnÖVr Annè`nblm AZbt\$Zbt\$ H\$naUn\$Zr nadS\$Umar Zgbr Var `bnbl\$ H\$ni `àhUVrb` `nMm VmlU KD\$Z AnnU ZdZi`m dñVydolmZoKw` ahmlVnod {VVS`nM dolnZoÈ`mH\$nb~mø Re\$Z `H\$Zhr Xw` ahmlVno ZdrZ dñVyI aXr H\$avmZmÈ`m Zi`m dñVyer {_i VoOir Vo (A`E0) hñè`nMm VmlU AgVno _ZO H\$am..

AZbt\$Zbt\$ VmlU _Znda H\$ni \$V hmlV AgVmlV. 'Zdo Vohdo hmgng H\$na`V? Va _am`V! anO Amnb\$ZdrZ V\$ knZ ~nOmanV `W/M Anho

OJr gd`gml r AgmH\$nuJr ZgbrVar OZr Jni`> `H\$Z Xw`nZmgul nMmOrd Xw` nV nSÈ`nMrM e\$`Vm A{YH\$.

AJXr T`i CXnhaU Ünd`nMoVa _no-nB\$MM KD\$`m {XdgmJ{UH\$ Ag\$` H\$ni`n\$Mo_no-nB\$g, hÈ\$gog?~nOmanV `W AgVmlV. I aoVa XnZ dññydu nM gmV hOra I M\$ Kwbom Amnbm h\$gO`Mn\$bm AgVno ì` dññVW H\$ni H\$av AgVno nU " H\$ni `na, ~m-mAnK_À`mH\$ni mlb\$`nS`o dñnaVno g? `H\$Z Xo ZdrZ È`m A_`H\$ V_`H\$ H\$niZrM\$Ko H\$naU hbH\$ Anho {edm` H\$`am B\$QaZQ>.. " Agm_`j`nñy`g`m{Xdg^anV gH\$ni -Xmna-g\$`nH\$ni KarXmar Ebt\$ndm bmlVno ønM d`o r EI nXm, OnfhanVrb {_i VmlV `àhU`Z nndÈ`m

H\$ntU nam^ n\$elbXnar noa H\$nt`m`VÁk' S\$S\$QanMmg,, m
AgU nam_ no-nB\$ YnaH\$ZmgndYmZ! _no-nB\$g_ü ~Z
{h_aD hnb/no Aem erfH\$Mm bd N\$xnVno áhUOo
AnUI r VnU! bd dnmZ I nbor È`m`VÁk' S\$S\$QanMo
Znd AnnU dnmVno Vo hmÈ`nÁ`mZndml nbor `^_UÜdZr'
H\$ _n\$ts {Xbom AgVno

`nMmAWQZ\$VogJi \$H\$clQxi Z`-gmì M\$Agnhr
Znhr, H\$naU nMhm bntH\$ H\$ni` áhUVrb. Annb\$gmeb
ñO\$g?AnU _hIdmMcahUO H\$ni m-ano-a ahmì bntM hd\$
`nM\$QeZ' (!) Ovr` mO\$ob\ \$nzM\$ {«OM\$ Or>ìhr. {Šga
AemCnH\$U nM\$OZ\$O\$ob\ \$nzM\$ H\$ni H\$amì M\$` ^Šma
_J~M Xno Agmg,, m{XbmOnVnod na\$amdnKr _Z EHSX_
^`H\$gnV hnb/\$ ^Šma_Ü` oXhmdrg èn` n\$ AemdnVy
Q\$H\$ni` À`m`m {dMmanZ\$ AmU AñdnW hnb/no
^Šmadnè`nÁ`mXh\$znV AemdnVy{XgVnV Vo hm^naV
hmJ[a~nMmH\$gbm, AZndí`H\$ I r_ŠrVm_nD Antbè`m
bntH\$MmXe AnhoAg\$dnQxi bmbmV\$

`m OrdZnMrb ñdmí` J_ ndyZ Q\$H\$È`mg
H\$naUr^v Agbè`m V\$ knZn{edmì ahmì M\$Va Vnhr
eŠ` hnb/ Znhr. " H\$ni` dnoOb Vo Pnb\$Var Q\$. ìhr.,
\\$ZMa KUra Znhr. MOBda ~gVm`V Agb Va `m,
ZnhrVa Znhr AntbnV Var Mntob." Ag\$gnUŠnaoAm_Mo
EH\$ ànÜ`mH\$ hnb/o È`ngm_üJr Pnb, Vr_nR\$ Pnb
AnU È`ngm~XbndM bmbV\$ "\\$nz_ü` oAnnbnndmí`
Znhrghnb/o" Ag gn\$Une`m Am_À`m`m ànÜ`nH\$ngm
AnD _no-nB\$ {edmì MntbV Znhr.

JVr hdr nU {H\$vr hdr, È`nMm{dMnaM AnnU
H\$azngopnbnoAnhnV.

_n{hVrMm _nam

V\$ knZm_ü` oOgoVnUVUnd dnt`boAnhnV VgM

_n{hVrÀ`m`nè`m_ü` br Voam\$à_nUnV dnt`boAnhnV.
BVŠ`mAg\$` àH\$naMr ~ano-a dnmM\$Mr _n{hVr hOrano
_nÜ`_n\$Z Annè`m`V`V AgVoH\$ gn\$Mì Mr gnè
Znhr. ~aò`mCbO\$gbO>_n{hVr_ü` oAnnbnMAOZM hnb/no

nadmEH\$m{Z` VH\$nbH\$V A\$eI nUahUOofdf
I nÈ`mg_mZ Anho`m Ame`nMm bd dnmMm.
emór`NíO\$em{bd H\$na`m!) hm_ñmÈ`nzOnO\$yZ {Xbm
hnb/m nU È`n{dèUX A\$eMn\$bo AgVoAgogn\$Urao
bd hr Annè`m`V`V nMmV AgVnV. EI nUamandndarb
d\$mnÌnVrb bd dnmMmH\$ Annbn n{hbr à{V{H\$`m
H\$ni` AgV? hr bj Uo Annè`nV Ant`i VnV H\$ni ho
Vnmguo Wn\$bnr bj U gnà` Ant`i boH\$ AmU
{dbj U AñdnW hnb/no bJM S\$S\$Qa JnR\$ Q\$O-H\$am.
OUyH\$hr AgoZnhr H\$bo Va AnnU _aUnaM AnhnV !

H\$hr VÁk (`m_Š\$`i r\$gmH\$ni` áhUndohM H\$ni V
Znhr.) Q\$. ìhr. darb ì`m`m_àH\$na nMmV Váhrhr
AZM\$U nVZ`ì`m`m_ H\$e\$ eH\$Vm Agogn\$VnoVa`m
CbO>Jnè\$À`m`mJXeZml nbor ì`m`m_ H\$am Ago
gn\$Urao VÁk AnhnV. On{hamVr, {MÌnO> d\$mnÌo J\$V,
grSr, H\$gO>.. {H\$vr àH\$naMr_nÜ`_oAnhnV AnU {H\$vr
àH\$naMr _n{hVr gVV {MI b \oH\$ndm Ver \oH\$V
AgVnV !

g{MZMon{hboeVH\$H\$Yr, H\$niUn{dèUX H\$niRe..
gn\$U`V`om {H\$H\$O`A`m AnH\$S\$ndmarM\$ {dce g_OndyZ
KvnkVn_rZnH\$nar, Y`YD`n\$`m{MÌnO\$Vr`nKr g_nno
`Vo Vr CbO\$br Va anOH\$`Zè`n\$`m OrdZH\$_nMo
Antbd`VnV...`mgd`n{hVrMr, hr dnmÈ`nMr JaO
AgVoH\$ni? Z g_OVm AnnU g_OndyZ Kvno AnU
AZndí`H\$ _n{hVrMm VnU _Znda H\$ni`ŠV hnb/no
S\$ni`n\$la`V ahnb/no ho_nhrV Zgto Va Annb\$Z`ndUma
Znhr Ag\$Annè`nbnndnV ahnbV\$`dto BZ\ \$naS\$ AgU\$

hr H\$ni nMr JaO AgVo

`mgdnhngjZ Xp Omì Mr BÀNn AgVp nU eŠ`
ZgVš OJ j Unj Urbm BVHš ~XbV Mntobš AnthoHš
'OyHšn ngj {dW OxB_` `nMšAmPšKDšZM _Ü`_dJu`
{ej V ehar _nUjg OJV AgVnoAnfU `m VUdnMš
ì` dnWmZ HšgHšamì MšVoHšì VM Znhr.

'dnMmb Va dnMmb' `nda ~mbVmZm,
{b{hVnZm JgVnnto àhUjZ _r Zb_r 'Hšni dnMlyZ`oVo
Anì I VmAmbsnrfhOo AgšAndOž gñšVno HšnaU `m
à{Hš Mm Sšš`nda VnU `Vno VgnM _Zndahr `Vno
VUdnZoAnè`nHššAgUnè`m dō Mšì` dnWmZ HššZ
OrdZ gK{Oy HššÈ`nMm AnOMmHšni Antho OmìVrV
OmìV 36500 (100 dfr) {Xdg Amè`ntom Amì w`
{_i Vo ñdV..bm, ñdV..À`m JaOnžm Anì I ž AmU
OJUšAndr`Hš Anthq Znhr Va _mZ{gHš ñdmì`
j Unj Urbm gñšV OnBš.

mZdr ZnVogš`šnMo ~XbVo Amì m, ñdV...
~ÒbÀ`mAdnOdr Anj m, ñdV...~ÒbMoš>`mgdnhjZ
AmU VnUVUnd Amè`m Amì w`nV AnT`diz AnUVno
È`ngj m ñdV..bm enVndš ñdV..bm Anì I ndš HšnaU
Anj m A{Vhnd hoXw.I nMš_j AgVšhoAmU g_OndjZ
j`mì bmhdš

hoPntoHšni Anthè`m-Òb. `nda Cnmì HšnbVo
Anthv, `nVjz g0n MšHšgš`nÀ`mCīnanVmenV AmU
bJM gñš HšVno gnšVrZ hnV Xbntom {HšVr bmVš
Hšni bmVšcd HšnbmVš`nMr Cīna ì`{°šgnj on Anthv.
È`m_ì oA_jHšEHšñdm_r, ~m-m, _hnanO, gXžš`nMr
^mfUšnñVHš hm g0È`nMm_mjRèš eHšVnoAgoZnhr.
Aem EHšm ~m-nMo ^°š àdMZ HššZ Kar `Vm-`Vm
{_īmer Jβnm _mVnZmÈ`nžmHšì VšHš CŪmnnUr `Wna
Znhr. (_nfhVr Amè`m`V`È`nMo_mj) Kar `VnM

Vo~mì Hšno gjZ, _bJm`nš`nda SššVnV, "Oš. ìhr.
Hšni nhnV ~gbnV, nMr ^`annOannO>"

AnVm hr {MSšMS>hnbMa Agb, _Znda
_nfhVrMmVnU `Wna Agb Va àdMZnVjZ Hšni gmYbš
È`m_ì oAnnè`m{Mīndfīr VnUV Z RšÈ`ngnRš AnnUM
gmYZm Hšamì bm hdr. 'JrVm hm Á`m gñHšVrMm JgV
AnthoVno g_OndjZ Kwbm, È`nda qMVZ HšššVa ~ašM
Hšnhr gmnšš, HšnaU `m gd`ñdm_r _hnanOš`m -
ì`ndgnf`Hš nmnOšMrMr _j`àaUmJrVm(nU È`nžmZ
g_Obbr !) AgVo

È`m_ì o36500 {XdgnMšHšni Hšamì MšHšnbVo
VnU j`mì Mq {HšVr j`mì Mq Hšm..

AmUM AmnbšRadmì bmhdš

**_nbZ nMrHš,
RnUo**



{dMna_VZ

{dní`Zm

_nUgmZoOJE`mnaV\$Incl\$ earanbmValT\$MoAndí`H\$ AgV\$ Annè`m^mfUm_Ü`oJnE\$AmAnM`nZr`_ZngnR\$ gn\$JVbbonm {Z`_A{Ve`_hîdnMo

CJdUnam àE` b\$ {Xdg hm AZb\$ KS>n6\$Zm OY`XD\$Z`ndi V AgVno AnOH\$toA`m`mKS`n6\$`_nUgnA`mOrdZnV AZb\$ àH\$naM\$Xw.I KD\$Z AdVaV AgVnV Ag\$h,,r àE` b\$OU àhUV AgVno H\$ni Or, i`Wm, qMVm, Xw.I, Zan` , VnUVUnd`nZr Jngbblom _Zi` Am`i`n`n`bmH\$Q`ni bblomAgVno H\$Q`ni dnU\$OrdZ OJUne`n`bm`m`nUgnbm OrdZn`^`_v` H\$E`Z`È`n`m {R`H\$nrUr `AnZ\$`nMo S`nhr AnZ\$` Va\$J` {Z`m` H\$and`nMo AgVrb Va`{dní`Zm`m Ü`mZYmaUMr Am`I Oe\$`a H\$E`Z` j`ndr.

ñdV..H\$S`a A\$Y`... hnd\$Z nhrE`nMr Ü`mZYmaUm àhUOM`{dní`Zm. Zr{eH\$A`m AbrH\$S`a BJVnè\$ZnchnMoJnd Anho`mJndnVM I r. JnE\$Am JnE\$OTr {dní`Zm H`D` ñWmZm H`bo Anho {VWo OnUnè`m nE`H\$nbom ñdV..bm {^j yg_Oz` {ZJdu _ZmZM n{aganV àdie H\$andm bmJVno ahnE`m OdE`ngnR`H`Rè`nhr àH\$naMr dJUr K`Vbr OnV Znr. ~jo Yz` H`Rè`nhr àH\$na`m I nE`nA`m dnVyzE`n`bm nachZJr ZgVo MnH\$bo`{~pnH\$Q`y`m`bngDm` , nnd AgVno Vw`A`ngno-V AgUmar nM`eO`nUgoOol n/rb VnM Vw`Mm Anhra AgVno Kam`Ü`o`_i Unè`m`n`n`eb nXnVnMr AnR`dUgDm``D\$Z`o Aem dol`ü`m dnVndaUm`Ü`ohi jhi yV`ahr ñdV..bmKS`eV OnV/m



_nUg`àhUOogJw gnH\$na`Xb`An(U {ZJ`D, {ZanH\$na`Z`m`XnbnA`mg`Yd`nVz`{Z`n`PriblombhmZnUmnngz`XbnA`m`dm`sgnR`ZnZnàH\$naMoMnM`bbonndE`nMr gd`bmbobr. _nUgDm`eara gKa {Xgnd\$àhUz`haVehMoi`m`m`H\$E`Z`gH\$ni r`MnboU\$Relz,`n`m`Earè`SgMo`Sbngg H\$E`Z`_bnZV K`Vbr OnVno na\$wearanBVH\$M`_hEdnM\$Agbbos`Z`-Vo H\$g\$gKa {Xgto`nMm`dMnaM`hnrV`Znr. {dní`Zm H`Dm`Ü`o`m`ZndaM`bj H`E`D`V`H`bo\$OnV\$ Onn`V`_nUgmVm`cengm`AN`dmg`Mnby AgVnoVn`V`Vno`mOJnV`Or{dV`AgVno g`ednVrbm`m`cengnM\$Zarj`U`H\$E`n`M`M`A`mg`gn\$JVbom`OnVno`hi`jhi`yEH\$ {R`H\$nrUr`H\$XV`Priblo\$`bj`_ñVH\$`Ü`m`n`r`n`ad{V`H\$E`n`Mr`gd`bndbr`OnVno`H\$nr`{Xdg`nZr`_ñVH\$`nngz`n`m`n`V`g\$J`eara`a`Annè`m`_ZnMm`àdng`MnbyanhVno`déz`I`n`br`n`n`m`I`n`bz`da`Ag\$`ho`\$a`U\$g`e`dnVrbm`AJXr`{Y`a`m`JVr`ZoghmgmV`{XdgmZ\$`a`I`nM`J`{V`mZ`~ZV\$`I`r. JnE\$Am JnE\$Ota`m`gMZm`n`ZQ`adè\$Z`_nU`e`Z`H\$`a`ahnVnV. H\$nrZm`mÜ`nZYmaUw`Y`n`n`à`dnMm`Abr`H\$H\$`AnZ\$`{`i`z`OnVno`eara`dOZa`{hV`hnb/\$`AU`na`_nU`Vm`MbZdbZm`ano`a`V`D`ndr`H`D`q`-Xy`n`\$`K`n`bz`~gbè`m`earanA`m`{I`H\$`nV`M\$`gna`»`m`O`J`O`J`Annè`n`bom`h`i`m`Vem`C\$`m`_na`Vno`S`n`ü`n`Vz`ZH\$`i`V`n`Ur`à`dn`{hV`hnb/\$`m`AZ`n`dm`M`AnZ\$`{`dbj`U`AgVno`Vno`AnZ\$`

{i dE` mgrR> ahUz H6bor U` nZYnaUm _ml` n6hm
 g\so hnb6 ahUz gnVv` V Zthr. gH\$ni A` m d6 r
 {dnr Zm {H\$ M\$apSOH\$6' gJU` mgmYH\$H\$SZ Aem
 àH\$nao {ZÈ` H\$eSZ Kvb\$OnV\$ AWm6 H6UmMr {H\$Vr
 àJVr hoA` nA` mÈ` nA` m EH\$Uvoda Adb\$z AgVo
 H\$hrOU Va Sni o {Qz S6b\$` m H\$ni6i bm bmvVnV
 AnU H\$ni P\$V6È` nzm OmJ{dV AgVnV. H\$hr gmYH\$
 I and aM Je\$OrZr gnJVb6r àÈ` b\$ gmZm V\$VnV
 nmi z ` m U` nZYnaUm àJVr H\$VnV. hoOo{dnr ZMo
 'apSOH\$6' Anho Vo H6Dm U` oOnD\$Z {eH\$Uo A{Ve`
 _hIdnMo Anho nhnO65 dnOVm CR66 ndAN>hndSZ
 U` nZYnaUÀ` mg^m6hnV O_Uo EH\$Vmg U` nZYnaUm-
 È` nZYa Anè` n6b\$-nMonnUr {nUo- An\$ni rZYa n6hm
 U` nZYnaUm- H6i q nn` m H\$6bJS6Aer \6i q H\$_rV
 H\$_r VbnMr Y` nhrar n6hm g^m6hnV U` nZYnaUm -
 ndV..bm` U6nè` mg_n` n6M\$ZanH\$U H\$eZ K66 XnnaM\$
 gmEdH\$OdU, {dI n6r - n6hm66` nH\$ni r qhXr, _anR\$,
 B\$Or ^nfv àdMzo- àpSOH\$6_U` o` U6nè` mAzi` dnzm
 {WAar gn6z g_WH\$Uo- EH\$Vmg MnbUo- am6q 7
 dnOVm H6a_wo_nOVm` Vrb AemeJXnUo- MUo` n6h
 n6hm PnmÈ` n6u U` nZYnaUm am6q 9 dm PnmUon6hm
 gH\$ni r 5 dm CRÈ` mgrR>. {XZH\$ R6b6m AmI rd.
 na\$w{Xdg6Xdg ` Unam ZvZ AZir`d OJE` mgrR>
 M6Y` Xni r RadUram

_nUgnZo OJE` mnwV\$ I nd\$ earanb V6T\$M
 Andrì H\$Ag\$ Amè` m^nfUm U` oJnE\$AnMm n6r
 _Zn6nR> gnJVb6o n6M {Z` A{Ve` _hIdnMo
 eàXn6 U` o6n6m b6hm {Z` n6Mm` m m A{Ve` gnm
 na\$wAnMaUmV AnUUSI nM H\$R>U.

n{hbm {Z` _

_nUgnZo^yH\$ni - ^{dì` nH\$ni ` n6df` r XwI ,

qMVm H\$e Z` o ^yH\$ni nV KS6e` m KOZm AnR6z
 i` nH\$ni hne` nV H\$hrM AW6ZgVno ^{dì` H\$ni nV
 KS6Jnè` m Jni6 Amè` n6m_n{hV ZgVnV. È` m_wi o
 {dnH\$naU È` nMr H\$ni Or H\$E` nV H\$hrM VI` ZgVo
 dV6nZH\$ni nV g_Ni6 R6SZ OJm6o i` 6\$ - dnVy-
 KOZmg_n6` U6nè` m H6Um6df` rhr _ZnV iXf - _Ega
 Zgn6m VgM _Zn6mH6R6r J6yZH\$ng hr VnH\$X U6dr.
 j Unj Un6m~XbUnam H\$6b6dn6. BWoH\$ni` ndè\$AnMo
 H\$hrM ZgVoAnU ahUZM 'A{ZÈ` ' gVV ~XbUnè` m
 i` dnWMr OnUrd R6ndr. ahUOo{H\$Vrhr g6SOAn6rV
 Var hoWn6-Uma Zthr {ZKZ On66 ` m OmUd6zo_nUg
 hV~b, {Zame hnbV Zthr. _ZnA` m X` Zr` AdnWV
 ~m H\$6- U6n6h Anè` hÈ` m H\$U6nè` m b6b6M6r dÈVo
 E6bZ g_nOnZohm n{h6m {Z` _ H\$ni _ U` nZnV R6b6m
 n6hOoAg6dn6Vo

Xgam {Z` _

H\$ni m, dnMm_ZnZo_nUgnZ6gÈ` ' AnMand6 EH\$ni
 I n66m KOZvZ AZ6b\$ I n66m KOZnzm Vn6>U6dn6mV6
 AnU È` m_wi o_nUg XwI nXar An66z K6no

{Vgam {Z` _

'AqhgM Y_6n6Z H\$E` nMm X6gè` nMr '{Z6m-
 Zn6nVr H\$eZ OdT6qhgMhnb6o {VVH\$M qhgM_Zm_U` o
 EI nU6ModnB6>qMVZ hnb6o EI nU6m S6SOanA` m_ZnV
 'gJi rH\$S6an6anB6ngé XoAnU _nA` m i` dgm V6rV
 Mnb6Xo Agm{dMna ` U6hrg6Xm qhgM Pnb6r. BWoU6Xm
 H\$ni m, dnMm_ZnZo'AqhgH\$ d6n AnMaUnV ` ndr.

MqWm {Z` _

Ah6Um _r, _r H\$E` nMmnd^nd Zi>H\$E` nMr
 _Zn6m gd` bndUo _r- _r- _nP\$H6È` m_wi oAn6 m
 _ZnV R6zYM H\$ni P\$ hnbV\$ AWm6M XwI n6m~n6ndU\$

AmnAmn H00\$OnV\$ _nPm _mPm ahUz dntalblom
_lJm _nR0Ur EbtZmgm hnb/no V0hm Xw.I nMm S0Ja
H\$ngi Vno {ZiH\$m _Ang na{hV H\$0n P\$and\$ _J Vog_nO,
g\$Wm, H00\$, H0UngnR0hr Agno _ZnA`m AnZ\$ngnR0
{Z..ndnV0ZJdunUoH0b0br g0lmCn`n0r nSVo

An(U nMdm {Z` _

KS0Jn0`mKQZn0/mXnf ndV..H\$S0Z K0VmX0g0`n0m
X0`nMr gd` gn0Z Umdr. AmUhr KQZ0_0`ogh^mJr
AgVno nU dnB00Um;`m`bmV`na ZgVno hr Jni>
`mA`m_0i o- {hA`m_0i oKQ0r gn0Z Xnf0M I ma
X0g0`nda \0\$E`nMr gd`r_0i o_Zn0mXw.I hnb/\$E`nngj m
H\$-l0r X0U\$Mn0b0\$ _Z ndAN>hnb/\$

honnM {Z` _ JnE\$0m J00\$Or AZ0\$ CXnhaUn0zr
F0Oy^mfV g_0mdZ gn0VnV. ^mfUnA`med00`^dVv
g0~_0b_`Aer 0nV0mahUVnV. gJ0`nM\$H\$0`nU
hnd\$Xo g0\$ knZX0n0zr hM gn0JVb0\$

'X0aVn0Mo{V{ _a On0n00
{d0e ndY_0j}n0n0n00
OnoOodn0N0b VnoVobn0n00
0n(UOnV 000

Xhm{X0gn0`mhm{dn0`ZMmH\$ng0gn0ZmH\$0Vn0Zm
0W_0W_H\$00i m`0/no na\$0OgOg0X0dg On0nV EH\$0
d0l0`mdnVndaUnMr gn0YH\$0bmgd`hnb/OnVo n{d0`
_0b, M0Y`Xm`r~X0nMr OnUrd hnb/0_ZnVbmgJi m
H00H\$Mam{ZKZ OnD\$Z _Z {Z_0 Pn0`ngmaI odn0Vo
BWo0E`0\$ gn0YH\$~n0VnoVo\0\$`ndV..erM V0r _ZnV
A0`_ZnV. g^ndVn0r ebt\$00OU AgVnV E`n0`mer
Vn00Z0-n0U\$gn00n0U ZOaz\$0nVdndH\$0\$ I Wndm`bm
g00m_, mrd AgVno BWo\0\$`0E`0\$0Z0gnj r^ndn0Z0
_ZnV0`m0{V{H\$`mnhm0`m AgVnV. I nVn0m-I nU\$

M_M_rV Znhr E`nda _ZnV C_0Jn0`m0{V{H\$`n0M\$
{Zarj U H\$and\$ ceng H\$gmAnhdE`nMr OnUrd ZnH\$nl n0r
H\$er hnb/0 D\$U - W\$>\0\$`{Zarj U H\$and\$An(U _J
hrM {Zarj UmMr gd` n0`0 OrdZn0m KS0Jn0`m
gn0 Xw.I nA`m KQ0Zn0`m~m-VrV Agndr. {WAar_0`o
E0\$000`m Jni`0M 00\$0H\$0 H\$0Vn0Zm AZ0`d`0/no
0`nZYnaUmH\$0Vn0Zmg_`ndZmR0\$ZM n0`0n00Ond0`nV
Z J0Vn0 Z Wn0-Vm AndV00MmbyahmVn0Zm OrdZnV
_mJ00_U H\$0Vn0Zm`nM n0M {Z`_n0m Y0SZ _mJg
AnZ\$0n0M AZ0`d K0\$ eH\$Vno _Zm_0`oH\$00E`nhr
X0n0M0 H\$00V0r 0n ZO0g_n0 Z00Vn0\0\$`gnj r^ndn0Z0
{Zarj U H\$00ndV..H\$00A0`0`hnd\$Z nhn0000UOM
{dn0`Zm. 0m {dn0`Zm Y_000AnMaU H\$0Un0`m
0E`0\$0i`0\$0bm`AnZ\$0n0M00n0r AnZ\$ Va0`n0m0E`V
`0/no AnZ\$0n0`mgn0anV {Z0`S0-V ahn0000UOM
na_0dan0`mgn0PY OnU0 _ZnMr hr 0gP0m0E`0\$
_mJgn0Z0`i d0Z ndV..bmg0 r H\$and0M JnE\$0m J00\$Or
gn0VnV. gn0 nMr J00{H\$,,r {i dE`ngnR0`{dn0`Zm
0`nZYnaUm0E`0\$0Z0{eH\$0ndr An(U ndV..0`m_ZnV
dgV Agb00`mna_0eant0mg0Vn0>H\$and0 Amn00_Zn0W
n0U0H\$0E`ngnR0`_ZnMr 0gP0m hnb I amCn0 Anho
g0`am_Xng hM gn0VnV -

_Z H\$am 00 0gP 00 gd0{g0XrMo H\$0mU 00

JnE\$0m AnMm`0
a a a

AmY(ZH\$ JVVmb`mV _r Kmb{dbboXmZ Vmg

JVVmb` gong_hnzoK/bè`m(Z-Ÿ ñnY)/rb àW_ nfaVnFH\$ ànà {Z-Ÿ Xi gpl_ÌÀ`mghH\$m nzo`Woruz_OrV H\$arV AnhnV. -gfinKH\$

H\$hr {XdgnfyduB\$bo\$ôm^mclnH\$SoOnE`nMm`nd
Anbm Mns)bm Mna {hzo_w_\$m_hnV/m àE`tH\$
AnRelSçnV H\$Rzm H\$Rvar I yn OnUo`ihm`MM. _bm
dnMZnMr I yn AndS>Anhoho_nfhV Agè`m_ù`o_nÀ`m
^mclnZo_bm~{Jh±`Vrb I yn_nRçm(nnM_Obr)
hSçZ JVVmb`mV KD\$Z OnE`nMra{dbo.._r nUV`na
Pnbmo gH\$m r AH\$am dnOVm_nÀ`m^mclnZo_bm
JVVmb`mV ZD\$Z gnSboAnfU VnE`nÀ`mH\$m_nclà àhUOo
hnfnObo_Ü`oJlcm

EdT\$àM\$>bm`~ar nnhz`_r Va W_,\$hnd\$Z Jbmo
H\$Rz AnfU H\$er gnednV H\$andr hoRa{dE`nV WnSç
dò Jbom _r VVrb q^Vrdarb enbHg_Yrb H\$hr
{ZdKZ nhnV hnV/no gnyraU nŸam gni`m dfnVr EH\$
_lJr_nÀ`nOdi Anbr d`àhUnbr `h'bm... È`nzŸa
WnSçdò nañnanMoZnd, Jnçl, Xè, {ej U`m-ObMr
MMfPnbor. È`ndé\$Z È`m_lbrbm_nPmhVAnfU Anj m
`nMr H\$enZm Anbr Agndr Ago_bm dnOVo

ZŸa È`m_lbrZeOçmZe JVVmb`nMo gd^_Obo
Xm {dbo àE`tH\$_Oè`nclà dnMZngnRç`nRçhnb hnV/m
NæZnH\$ I à`nfhm`m È`m I à`nç`mnm`nÀ`mVi mer
a~anMoVH\$Sobndbbohnbvo È`m_ù`o I Wlu gaH\$dVmZm
AndnO`V Zgo hnb_Ü`oq^Vrbm bmlz`nñVH\$Mr
^ablor H\$nmMr H\$nnOahnVr. hnbm bmlz`EH\$ bhnZ
I nlor hnVr. È`m I nlorV È`m_Oè`nclà Agbè`mgd^
Xd ad rgnRç`Zo_bè`m JVVnntongnRç`Oè`b I WluVr
ì`dnVmhVr. È`m Oè`bnOdi Mna I à`nfhm`m`m
I nlorV Zh_rà_mJo~nboVar MnbV hnV/o H\$naU
dnMZnMhnb d hr I nlor`nç`m_Ü`onfUJoH\$nmMr

q^V`hnVr. `m Næçm I nlorÀ`m EH\$m H\$nmè`nV
Oçf bOçMr I nlor hnVr. bhnZem YmV`m nÀ`sda
{b{hbè`ndé\$Z hog_OV hnV/o

È`m I nlorVM EH\$m Oè`bmer _bm`~gm`bm
gnJVVbo àW`_r`nPr ngŸr Zno`b nfaVnFH\$
{i {dUnè`mgfhpE`H\$ç`mgfhpE`nMr H\$br, nM ghm
{ZQçV OçmZo nPnggnR>nñVH\$ _nÀ`m nñV Oè`brclà
Rèlbr. AJXr gndH\$enUo`_r EH\$EH\$ nñVH\$ hnV/mi y
bmJbmo bd H\$çlo Znd, àH\$neH\$Mno Znd, àH\$neZ
{XZçf\$ d {H\$V`m Jnç`_r nhnV hnV/no`~nH\$ gd^
{i nbonU nñVH\$Mr qH\$V`m`_bnOçda`~naH\$ç>
nÖVrZç{b{hbr hnVr. EH\$m_nuz`EH\$ nñVH\$nhnV/mZm..
nb^H\$, gn`agD>_nç, ~Znç>enç, hçç`ç`oB. AZçf\$
gnfhpE`H\$ç`nñVH\$Mmi br. H\$hr nñVH\$À`manVndZm
dnMè`m AE`Ÿ gnrH`Næçç`gç`a Oè`ç`... nU ho`r
{H\$Vr nhnUna`_nPova SçbçM JaJè\$bnlbo.. WnSçdò
_r I WluVM Oam Anam`nV`~gbo.. Oçm`m hobj nV
AnboAgndr Vr_nÀ`nOdi Anbr AnfU`_bm{dMna bo
"H\$çç`KçMa H\$m`?... WnSçmdò m/M Xçgar EH\$`lJr
H\$çç`Mm`nRçgm`_J KD\$Z Anbr. Oè`nÀ`m Oè`brclà
Rèlbrmd Vr {ZKç`Jbr. Ja`dmç`nñ`bbr H\$çç`KçmZm
_Om dnOçr. [aH\$m`_J Oè`Ü`oRèlVnZm H\$çç`ç`{~bnMo
Mmi rg`nç`_r Oè`Ü`M Rèlbo Oam`ç`hnd\$Z Pnè`nclà
nñVH\$Oè`brclàMr anfhbbr nñVH\$`_r Mmi ybnJbmo Xnç
Mna nñVH\$çZŸa`_nÀ`m hnVr bmlboVo`JrVnOçr`...
_bm`èZ Anbo`^naVnV`m nñVH\$ç`Ob`nñH\$ç`Eçç`bo
hnV/o nU AnV/mVo`_nÀ`m hnV/mV`hnV/o I yn AnZç`Pnbm
nñVH\$ç`m Onç>H\$ç`hada`JrVnOçr` AnfU`aqdZnW

Oadna hr ZndoeA~ng H\$e\$Z È`ncla gnrZer NQmhnVr. `m
 nniVH\$gnR\$ _r OamOniVM dñ {Xbm _r BH\$S\$VH\$S\$
 nhnV hnlVnV VdTçrV OçgnZo_nA`ng_no EH\$ nS>ArfU
 EH\$ NæznH\$ ~nbnZ AnUjZ {Xbo Odi Odi nYamVo
 drg {ZQ\$ _r H\$hr nniVH\$M/r Zndø bd H\$M/r Zndø
 `nVr `nKr V`na Hðor. OangmI WUVM nU OatZ ~gbrno
 ZY/aA`m_nA`mngYrZgnma OçgnZo_bmOJnVrb Zm_dY
 {MÌH\$nanA`m nniVH\$M JÇ\$ AnUjZ {Xbm _m Hðb
 Aðbnp ìhZ JnU, H\$ZbA`m [iñMr, {nH\$gnB. B.
 AZbH\$M/r nniVH\$ _r Mni br. àÈ`bH\$ {MÌ nniVnZmH\$hr
 dol i nM AnZK hnlV hnlV H\$hr {MÌo_nhV hnlVr. Vr
 nniVnZm_Z ^éz `V hnlV AgodnV hnlVH\$ hr gd^o
 nniVH\$ Annè`m ñdV..A`m gSj hnlV AgndrV ArfU
 Annè`nbnÈ`MmAnndnK H\$hr KVm`ndm ^naVr`
 H\$onH\$nanM/r nniVH\$ nU È`mV hnlVr. ZKbrno ~ng,
 aqdZnV, hçz, Anb_bH\$, aPma{dd_nAemngO
 H\$onH\$nanM/r {MÌohnlVr. de\$ì, AOR\$ Knannar Aem
 bÈ`nVrb {eennMm d aSjV {MÌnVnhr gSj hnlVr.
 Annè`nbn_nhV Agbè`mH\$onH\$VrMoAgòXeZ I n
 AnZKXm r dnV hnlV hogd`hnlVnZmdò H\$gm{ZKZ
 Jlbmg_ObM Znr.

ZY/aMr _nPr ngYr hnlVr ZndH\$A`m nniVH\$M/r
 ... I aSgnM M\$Va _bm \S`\$ nM ghM B\$JOr
 ZndH\$H\$nanM/r Zndø_nhrV hnlVr ArfU _nA`ng_no È`m
 _lbrZo^bm_nR\$ JÇ\$ AnUjZ Rølbm hnlVr È`mVZ _bm
 _nhV Agbè`m ZndH\$H\$nanM/r nniVH\$ {ZdSjZ H\$ntZlo
 _bmWn\$OSM Jbo eçgnrAa, BägZ, A`JnVm{¼nVr
 AemZndH\$H\$nanM/r ZndH\$Vgnr{hbdVa AdKSM ArfU
 _nA`mAnndn`m~nhaMr hnlVr, Odi Odi gdM nniVH\$
 _r dadaM Mni br. El nXM nniVH\$ Oam OniV dñ
 Mni bo H\$naU ~nH\$M/r nniVH\$ _bm_nhVM ZihVr.
 `mJRRçrV`mH\$hr nniVH\$A`mZndnMr `nKr _r V`na
 Hðor. H\$engnr\$, Va nniVH\$ hnlVr dñ {i nbnM Va
 hr ZndH\$ Annè`nbnchnMm bm{ i nçdV àhUjZ.

AnVm_mì _bm H\$Qm m`m`nbn bmlbm hnlVr
 _r K\$çmi nV nniVhboVa _nA`m^ndnbn`m`bmAOjZ
 dñ hnlVr àhUjZ È`m_lbrbm{dMnè\$Z [aS\$J hnlV_Ü`o
 gndH\$enUoEH\$ M,\$a _nabr. gd`H\$gnO`nVrb nniVH\$
 È`nVr ZndonnhZ g_OV hnlVr. _Ü`M El nXonniVH
 H\$gnO`n`nha H\$ntZ _r nniV hnlVno.. ArfU nniVhMOnJA`m
 OnVr RødrV hnlVno gS`Y hnlVbmEH\$and\$S>KDSZ Pnbm
 hnlVr ghO àhUjZ VbVodnMV ~gbe`m bniVH\$S\$ _r
 EH\$ N`i`ej n OaH\$om.. nU ... gnH\$gS`enV enV...
 HðUrMbr _nA`nH\$S\$bj JboZnr, gdOU dnMznV
 X\$ hnlV hr Jni>_nA`m_ZnV Ka H\$e\$Z ~gbr...VbVZM
 _r _nA`m n{hè`m OnVda àhUOo`bnOdi `D\$Z
 ~gbrno

nM EH\$ {ZQ\$ Oam enV ~gZ anihbnArfU
 Wnèçmdò nZCRZ _r È`m_lbrA`mO`bmer JbomArfU
 {VÀ`ner ~nbybmlbno VdTçrV È`m{RH\$Ur XnZOU
 EH\$ _lbrJm d EH\$ _lbrJr AnboArfU XnKnrZ XnZ
 dol dol`m nniVH\$M/r MnH\$er Hðor. OçgnZo bJM
 gSjUH\$Moghne`nZdÈ`m nniVH\$M/H\$ nçf\$, H\$gnO`H\$ nçf\$
 dJao_{i dZ, {VWè`nM NnO`m H\$VXnda {bhz È`m
 _lbnA`m hnlVnV VdH\$X {XboArfU Vr _lbrbJM [aS\$J
 hnlV_Ü`o Jbr ArfU È`mçm hdr Agbðor nniVH\$
 H\$gnO`nVZ H\$ntZ enVnUodnMrV ~gbr.

"h\$ _r MnH\$er H\$V hnlVnoH\$`m JçVnò`nV
 ^naVr` ^nVnVrb nniVH\$ AnhV H\$M?" È`m_lbrbm
 _anR\$, qhXr, JðanVr, ~Sjbr Aer ^naVr` ^nVnVr
 Zndø_nhV ZihVr, Vr \S`\$`m nniVH\$M`~Sg AnK\$
 B\$S>Z bZdO` AgM Ani I V hnlVr.... _nRçm XnZ
 H\$gnO`nmer {VZo_bm Zlo H\$gnO`CKSjZ {Xbr ArfU
 àhUbr, "nhM VnhbnbnhVr Vr B\$S>Z bZdO`Yrb
 nniVH\$ AnhV H\$M?" ... ArfU VdTçrV {VÀ`m
 O`bnOdi HðUrVar AnboàhUjZ Vr {ZKZ Jbr.

_r n{hè`m_nRçmH\$gnO`nV nniVhboVa H\$M M,\$

_anR& nmiVHOM {VWo hml/r. _r AYmngna l m nthy
bmlbno..ndm_r, l r_mZ `nolr, H\$O i _m m, _r H\$gm
Prbom i` °\$ An(U d,,r, gnRdU, ZOg_mO>.. knZda,
Vn\$nam, {d.g. l n\$H\$S, H\$g_w mJO, JS\$S, ~nH\$S,
{d&B. gm(hpE` H\$S` m à{gO gm(hE` nMm l {OZnMm
_nA` nnti& l bml hml/m dñVW... hr gd©nmiVH\$ AmU
dnMbr Anhv/. Amè` m g\$J hr nU Anhv/. nU
{~{OenA` m ^y_rV Ambr A_v/mZbr nOm qOHSUmar
'_anR& S\$onZOC^r Anho hontyZ Sni o^éz Anbo \ \$na
\\$na AnZ& Prbom nU hm AnZ& ~nha Xml {dVm `V
ZihVm gd©_anR& nmiVH\$S_r ào_mZdmV bndrV hml/no
EI nXoXgaonmiVH\$CKSZhr nhmV hml/no.. gd©gd©nhrV
hml/nU gd©_anR& nmiVH\$ Mmi VnZm l y dó hndSZ
Jbr hml/r. _r H\$nnO>bndyZ Klv bod Oegm Oe-bmÀ` m
{XeZoMnby bmlbno.. _nPm ^nD\$ d Oegm ~nibE` nV
Jv/bohml/o.. _r È` nbm VVonn(hè` nda l f Prbom Vno
àhUnbm, "n\$am_{ZOePrbr _r AnbmAnho VynmiVH\$S/
a\$J bml hml/mg àhUyZ {hA` mer ~nibV ~g bmoAnho"

{VWoJe` nda npluMogmZ(Xb bmlS>An(U ~nbnZ
_r {VbmnaV H\$S\$ bmlbno Vr àhUnbr, "XOg AmH\$ ho
Vw_À` nOdi M Rdm " Oegm'W\$g' àhUyZ Anàhr VVYZ
{ZKnbm JnS&ZoKar naVnZm_rM ~nibV hml/no VVrb
en\$Vm, ndAN\$Vm, {eñV, ZrOZOHnU, dnMZ g\$H\$VrMo
_hId, JvVnbnbMr {VWo `Uñe` m bmlH\$S-ÔbMm{dídmg,
JvVb` nV AgUnè` m gfdYm, JvVnbnOdi Agblom
AnE`{dídmg, ~hJ w/m, _r{hVr, knZ An(U g_m
`Uñe` m dnMH\$S-Ôb AgUmar AmtoH\$S... Ago gd©
~nibV AgVm Kar H\$hm nbnbmlbno g_ObM Zthr.

I rH\$U JmqdX nnaZnB\$S

R\$Uo

aaa

(_w nOde\$Z)

**g\$Hr`
AWG\$H\$en**

`mAWG\$H\$ennVrb EH\$ _hIdnMr ~m- àhUOo
{ej U j d nbm XE` nV Anbo o_hId. È` m-ame-aM
nE` nA` m ^n\$naH\$S ànA` {dUm g\$Wbm {def An(WP\$
gnhne` XE` nMr H\$obr VaVX hr EH\$Mn\$Jbr ~m- Anho
H\$hr g_mOHS\$H\$Zr H\$be` m {dUdgm_w oAem g\$Wm
AH\$M` _ ~ZUohm \ \$na _nRm g\$H\$VH\$ Ynbt\$AgVno
E@Vhr(gH\$ _hId An(U ^{dì` H\$brZ g\$^© nMo _hId
bj nV Klv m, amì\$` g\$H\$VrMm dragm nVZUñe` m` m
g\$Wm _hIdmÀ` m AgVnV. `m g\$Wbm H\$ob oAW©
gnhne` ho` mNì` ZoAndrì` H\$ An(U _hIdnMoRab Ago
nnd\$ b Anho

amì\$` AWG\$H\$enm-ame-aM aedMdrfF\$ AW©
{Z`mOZ _hIdnMo AgVo à{Vdfm_mJo
H\$Dr AWG\$H\$ennA` mA Jnka aedMmAWG\$H\$enhr gnKa
Prbom H\$hr AndrX dJi VmhmAWG\$H\$en CnMmanMm
^mJ hml/m OZgm_nV` nA` mgdfr Anj m {defV..._nU` _o
AYne@ l V H\$VnV, È` m amìV AgVnV Ago àhUUo
^m-SonUm oRaVo An(WP\$ CXmarH\$SUnZ\$ a OJ^a g\$S
Prbè` m nnyV {OHSnd` nMo Agb Va ndV..bm {gUX
H\$Uohr H\$ni nMr JaO AgVo È` m_w ogdgm_nV` `m
eàXnVY A{^àV AgUnè` mg_mOnZoAmè` m j _VnMo
nizandbnbSZ H\$S r anthUoJaOMoAnho aedA` m~m-VrV
hml/ñe` m AnKnVnMo à_mU, ~{eñV nnhVm gO mU
Zml{aH\$A` m Anj m H\$hr à_mUnV dnOdr RaVrbhr.
nU OnXMr H\$S\$S {Sandr d ñdñVnB` hndr hr ^m-S\$
Anj m gdfdr Ja bmlj Anho Vnhtom MnsJè` m gdm
hì` mAgVrb Va VgmngmVnhtom _nOndnM bmlUma
Anho

aaa

hñVnj a ñnYmP

1. gnp^ AentH\$ nñ0xb - _nRm{eew- _nolam JO>
2. F\$FH0e 0. _hnSfH\$ - _nRm{eew - Jlbm- JO>
3. AnH\$ñj mMDH\$ñ/ ^0-i - _nRm{eew - Jlbm- JO>
4. AmXVr A{OV {JO- _nRm{eew - edVr JO>
5. ànMr àH\$ne H\$X_ - _nRm{eew- gmì br JO>
6. Vår {XnH\$ _hnSfH\$ - _nRm{eew- A-nlor JO>

~m:- U g^W\\$Kè`n/ Ambè`m' ZnMoíbnH\$
 òm nñRñ/a ñnY/ Hñ. `e {XnH\$ ^\$òom {dÚmí`nñ
 àW_ H\$ nñH\$Mo~j g {i nbo

gñH\$V H\$bnKnE

'gñH\$Vr H\$bnKnE' `m gñWÀ`m dVrZo
 Amì n{OV Hñbè`m AnY/aentò ZÈ`ñnY/ (bnH\$ZÈ`)
 Amè`m emi Wrb nñd@ànW{ _H\$ {d^mVrb
 {dÚmí`nñm(_nRm{eew) VVr` H\$ nñH\$Mo~j g {i nbo
 Anho

`m ñnY/ 20{dÚmí`nñr ^mJ Kñ/bm `m
 ZnMnbm nñd@nñW{ _H\$ {d^mJnÀ`m _w`nñ`nñH\$ñm gnp
 {dXlombdJ ònñ/ò_nlonMo_mJXeZ bñ^bod òmZÈ`nñMo
 g\$ nDZ gnp ídVmH\$ñH\$si d gnp _Znbor {Xdñ\$ ònñr
 Hñbòhnñ/ò

Sñf ~Gñ\$ {dÚm _\$Xa nñW{ _H\$ {d^mJ

{d{dY AnY/aentò ñnYnñYrb KdKdrV `e
 'I rH\$òmgnñH\$ñ' gñWV\\$a{ddma {X. 4/2/2007
 amOr ñdm_r {ddñH\$ñZ\$ {dÚm _\$Xa Sñf~-dbr `ñVo
 JrVJmì Z, ZnD;dmMZ d H\$. _Wm {MO;Jrg ñ`Vr
 H\$VnH\$VZ `m ñnYnMo Amì nDZ H\$E`nñ/ Anbohnñ/ò
 Am_À`memi Wrb B. 4Wr(5) _Yrb Hñ. Ee`nñZnàm U
 anlJo {hZo ZnD;dmMZ ñnYñ àW_ H\$ nñH\$ AnU



Hñ. Ee`nñZnàm U anlJo

H\$VnH\$VZñnY/ {UVr` H\$ nñH\$ {i Z emi Mr emZ
 dmT\$ dbr. {VA`m`m`em-òb gd^CnñWV _nñ`da,
 emi À`m _w`nñ`nñH\$ñm _m gnp H\$E`nñUr dnKao d
 {eJ H\$ñ`nñr {VMoH\$ñ/H\$ H\$E`nñr Amì W`nñVrb
 `enH\$ñaVmeñ`nñm {Xè`m



Hñ. à{UVm hZñY H\$ñi ^m

- i) gñH\$Vr H\$bnKnE gñWV\\$ RñE`nñ`m ~nññH\$ñ
 _hn{dÚmb`nñ/ d^ñd ñnYnñd {Z-ñ ñnYnMo
 Amì nDZ H\$E`nñ/ Anbohnñ/ò Am_À`m emi Mr
 Ai`ñpy{dÚmWZr Hñ. n{UVm hZñY H\$ñi ^m B.
 4Wr (1) {hZod^ñd ñnYñ àW_ H\$ nñH\$ AnU
 {Z-ñ ñnYñhr àW_ H\$ nñH\$ {i dbm
- ii) I r_mdi r_\$i nñV\\$Xadfu dn{FF\$HñSñ_hññgdñMo
 Amì nDZ H\$E`nñ/ `ñVo `m dfu hm_hññgd
 25 OnZdmar 2007 amOr Kè`nñ/ Anbm.
 `m_hññgdñ/ Am_À`memi Mr B. 4Wr Mr

{dUmWZr Hó. à{UVmhZw\y H\$mi ^na {hZonVf\$ba_nUo
nariH\$na nOH\$ndbo

- 150_r0a YndUo - àW_ H\$ n\$H\$
- 60_r0a YndUo - {UVr` H\$ n\$H\$
- Jni m \H\$ - {UVr` H\$ n\$H\$

emi À`m A_V _hngdr dfm@Yrb {Vzo
emi lom {Xbbr hr A_je` ^QM hno . Aem AE`y
hema, Z_« AnXe@{dUmWZrMod {VÀ`m nrbH\$Mo
emi À`m_» nU` nH\$m_m gmp H\$e` nUr dnKao` nZr
A{^Z\$Z H\$bo AmU {VÀ`m ^mdr dnQAmbr~0b
_Z.nydP\$ e^ANm {Xè`m

gn. AnZkr-nb°Omer {dÚmb`

B{Vhng àkm emY narj m 2006

B` Ímm	narj g -gbbo {dÚmWr°	nng Pribbo {dÚmWu
5dr	11	11
8dr	10	10
10 dr	9	5
EH\$U	30	26

gdnP OnnV JuW {i dUrie`m {dÚmi` nMr Zndc

B` Ímm {dÚmi` nMo Znd

- 5 dr A{e ehm
- 8 dr e{Ommntb
- 10 dr gbrb H\$UP\$

andar Šb- An\$ RnUo ZnW°Am` nOV
'~nO>BH\$no - \Sbr AES>gd\$ nH\$bo` nnYV Am_À`m
emi lom CÍmO ZnW°nraVnrfH\$ {i nbo

5 {Sg]-a 2006 anDr {MZr à{VZYtÀ`m
EH\$mJOZomi lom^@>Xbr. {ej H\$er {dMna {dZ_`
H\$eSZ AU` mnZnÀ` m{d{dY nOVr OnUzr KldhmE` n\$`m
^@>Mm_»` C0e hnm/m E` nZr J{UV d ^y)mb
à`mleni lom^@>Xbr Vohm{ej H\$ndV...V` na H\$oe`m
AU` mnZ gmfhE` nÀ`m AnYmaoH\$emàH\$mo{eH\$de` nMm
^mJ nni`H\$VnV AnU {dÚmi` nEmOnnV Mn\$e`màH\$mo
gH\$enZmghO gnmr hndSZ H\$e` b o ngrR`à` EZ H\$VnV
VoE` nZr AZr dbo E` nZr 'hgV I o V {ej U` nUXVr
OnUzr Kf` ngrR` Am_À`m k.G. {d`mlnombh ^@>Xbr.

Omer ~6H\$a _hr{dÚmb`

Omer ~6H\$a _hr{dÚmb` nV 10 OnZednar Vo
5 \S~dmar `m H\$rbndYrV nna nSbboH\$ni P\$

* ~Wdna {X. 17 OnZednar anDr g_mXeH\$gMÌm
ZnBP\$` nMo VVr` df°H\$om emi À`m {dÚmi` ngrR`
AU``ZH\$om`m{df` nca g_mXeZ

* gmdma {X. 22 OnZednar anDr
_hr{dÚmb` nÀ`m A\$S {WEQaMo CXXKnOZ S\$ ~6H\$a
`n\$`m i`m»` nZmZo gwg, m Aem`m g^mJm_wi o
_hr{dÚmb` nVrb {d{dY Aä`ngeml nMo H\$ni P\$,
dol/dol i o CnH\$_ am-dUo gM\$ hnb\$. `m g^mJmMo
Zm_H\$aU 'H\$E`m Z' AgoH\$aE`mV Anbo

~Wdmar {X. 24 d Jie\$dma {X. 25 OnZednar anDr
OpZr{Vemónca AmYn[aV amif` nMVi rdarb MMnEj].
RnUo_ B@{aganVrb {d{dY _hr{dÚmb` nVrb VEdknZ
`n{df` nMo ànU`mH, Amè`m _hr{dÚmb` nVrb
ànU`mH\$VgM {dÚmWu` nM/mgh^mJ, Zdr {X,, r` Vrb
'gDa \nà nO\$O BZ grdrbm PeZ ` `m gMWA`m
g^mgX g{Md S\$` ^mZ M\$to` n\$`m CXXKnOZna
^mfUmZo MMnEj nMr gWednV. ~Šbma `Wo dmiVi`

AgUmao _mOr Ý`m`mYre gbT¸UJm, S¸i g¸rb n\$¸em S¸i Aê\$U ~mi , S¸i AO` qgh, S¸i {\\$¸anDmnad `m_ní` dan¸Mmgh^mJ.

e{Zdna {X. 27 OnZdmar anDr "OpZr{Vemó d ì`{°\$d {dH\$ng" `m {df`nda I mg {dÚmí`n¸gnR¸ MMn¸gĪ , d°\$S¸i AO` qgh hohm\od 500 hÿ A{YH\$ {dÚmWu `mMMn¸gĪnV gh^mJr P¸rbo

eHódma {X. 2 \\$~dmar anDr H\$Zð> _hm{dÚmb`mÀ`m_Or Cn¸nMmí nfd J{UV {df`mÀ`m {ej H\$mgm g¸ZVmXenn\$¸ n¸`n¸gnR¸{Zann g_ma\$.

gma_dna {X. 5 \\$~dmar anDr VVr` df`g¸H\$VÀ`m {dÚmí`n¸Zm _mJ¸e¸ H\$aÉ`mgmR¸ H\$m`¸emi m Anÿa_hm{dÚmb`rZ ñVanda Amí n¸OV H\$aÉ`nV Anbr d_¸B`d aÉZnJar `Wrb AZb\$ {dÚmWVgM {ej H\$ `nV gh^mJr P¸rbo

~m. Zm. ~n¸K\$H\$a {dknZ`_hm{dÚmb`

"g\$Dmí `m_ÿ{PZMoàH\$neZ {XZn\$ 17 OnZdmar 2007 anDr Wn¸bo~nOrand nedog^mJ¸nV _{h¸bmCÚmWVr p¸_Vm¸R¸ n¸`m hñVoP¸rbo

VgM `m {Xder ~j rg {dVaUnMm H\$mí P¸_ P¸rbo. {dÚm àgmaH\$`\$¸i nMo l r. H\$a¸rH\$a Xd rb Cn¸nWV h¸m\o _hm{dÚmb`nVrb {d{dY ñnYnÀ`m {dOè`n¸Zm VgM _h{dÚmb`mÀ`m narj n¸_ÿ`o àW_ Anbè`m {dÚmí`n¸Zm n¸fVn¸fH\$ àXnZ H\$aÉ`nV Anbr.

`m {Xder n¸Mmí n¸Zr Annbm Ahdrb gnKa H¸¸bm VgM aní¸` gdm`nOZm AnU aní¸` N¸i `nOZÀ`m {dÚmí`n¸Zr Annbm Ahdrb gnKa H¸¸bm

^n¸VH\$emó {d^mJ d {Okmgm O¸O\$

ám _n¸Z AnnO¸`n¸Mo {XZn\$ 12 {Sg]-a 2006 anDr Appreciating Physics in Daily Life `m {df`nda Wn¸bo~nOrand nedog^mJ¸nV ì`m»`nZ Amí n¸OV H¸¸b¸h¸m\o È`n¸Zr {d{dY N¸i {MĪbr Xmi dbr. `m H\$mí P¸_n¸bm _n¸R¸mg\$`z{o{dÚmWu AnU {ej H\$ d {ej H¸¸Va ghH\$¸ar Cn¸nWV h¸m\o

`m H\$mí P¸_n¸bm _¸B`°{dÚm¸rR¸Mo _mOr ^n¸VH\$emó {d^mJ`_m S¸i n¸O¸ Cn¸nWV h¸m\o ~S¸i\$ {dÚmb` , E. H¸. Omer {dÚmb` d Ý`yB\$¸be ñH¸¸o Mo 50 {dÚmWu `m H\$mí P¸_n¸bm Cn¸nWV h¸m\o

n¸O¸\$ AH\$K_r

{dÚm àgmaH\$`\$¸i nMo Aÿ`j S¸i {dO` ~S¸i\$ `n¸Mo ""ndmV` bT¸..._ÿ_¸ b\$Z `m {df`nda ^mfU Amí n¸OV H¸¸bo h¸m\o VgM _hm{dÚmb`mÀ`m n¸O¸\$V\`È`n¸M È`n¸Zm 'X aní b E(e`n¸O\$ gmgm O¸ AnK\$ J¸>{-OZ d Amí bS>`m Anÿaami¸` g¸WZog^mgXÉd {Xè`m-ÿb gÈH\$¸a H¸¸bm

dZñn[Vemó {d^mJmÀ`m S¸i. l r_Vr _m JndH\$a `n¸M B¸aZèZb OZ¸ AnK\$_S¸b`m OZ¸_ÿ`°SEM Studies on the Observations of Pollinia of Two Terricolours Orchids from Maharashtra' hm n¸a à{gO P¸rbo VgM È`n¸M \n¸ O¸\$gn¸r`m OZ¸_ÿ`°Study of Pollinium of Three Beautiful Indian Orchids under Electron Microscopy" hm n¸a à{gO P¸rbo

nXnWfdknZ {d^mJ

JnO-Call for Ocean hmn`n@aUna bKmq0
_hrfdUrb`nV eH\$dma {XZnH\$ 02.02.2007 anOr
Xmmar 12 dnOVmXml dE`nV Anrbm

`m H\$m P\$ _nrbm _mR`m g\$` Zo {ej H\$
{ej H0Va ghH\$mar d {dUnWu CnprVW hnbVo

" H0Z_Z0g BZ \S>AS>{-iha0g"

agm`Zem0 {d^mJmV\0{XZnH\$ 6 AnS0ma-a
anOr " **H0Z_Z0g BZ \S>AS>{-iha0g"** `m
{df`nda n[afXMr nD`V` mar ahUz agm`Zem0
{d^mJmV\0XnZ H\$m Emi mK6`nV `Uma AnhV.

n{hbr H\$m Emi m16.01.2007 anOr Wmb0
~nOrand nedog^mJmV gH\$m r 10.00 Vo1.00 `m
d0 V K6`nV Anbr. H0 H\$m nj r Zm H\${hZdH\$m Emi Mo
anmV{dH\$ H0bo

_hrfdUrb`nA`m anMm`mSaf`_mYar nOrnda
`nZr Xrnà, dbZ H\$eZ H\$m Emi Mr grednV H0br.
agm`Zem0 {d^mJmMo{d^mJa`ir I r. _T`h\$à `nZr
CXKn0Zna ^mfU H0bo E`nZr {d{dY nmVi rda Ogo
{Z`Pr à{H\$ V gnRdUyH\$H\$VnzmnH\$-H\$H\$VnzmAru
dhnVH\$`ir oAPnXnWPH\$enàH\$aoXfV hnb/nV `m-m-V
_mJ`eZ H0bo VgM AmU anD dmaV Agbe`m
n0 nS`U`oH\$enàH\$aoXfV\$_gi br OnD\$ eH\$VnV ho
nni>H0bo

àm An\$ndSb\$à `nZr "\S>A{S0`ihg" ~0b
_mJ`eZ H0bo E`nZr \S>A{S0`ihgMo{d{dY àH\$ma
angm`{ZH\$ \S>A{S0`ihgMm Cn`m `m-0b _m{hVr
{Xbr.

`mH\$m Emi V EH0U ghm{dUnWuZrZr nma gnKa

H0bo

1. H0 H\$m nj r Zm H\${hZo`On\$Gh\$B\0S0g AmK\$
\S>A{S0`ihg " `nda nma gnKa H0bo
2. H0 nprAnMab\$à {hZo`H0Z_Z0g BZ {0`_èH\$
A{S>EJg" _ng XY AmU A\$` m/rb XYfVH\$
.... `nda nma gnKa H0bo
3. H0 VDI r Sa0o{hZo`H0Z_Z0g BZ dn0a" `nda
nma gnKa H0bo
4. H0 A`Vmemi rJm {hZo`hm`0b ~S0pa`mBZ
\S> `nda nma gnKa H0bo
5. H0 gnZb gmi dr {hZo`H0Z_Z0g BZ {-iha0g"
`nda nma gnKa H0bo
6. H0 ndmVr H\$S`bH\$ {hZo`hOn\$g B\0S0>AmK\$
b0>A{S>`PrZ àD00>BZ \S> `nda nma gnKa
H0bo

H\$m Emi Mo g\$U`gyl`gMnbZ H0 H\$m nj r
Zm H\${hZoH0bo `mH\$m Emi bm 90 Vo100 {dUnWu
VgM 15 Vo20 {ej H\$ CnprVW hnbVo

{d. à. _S V\$ {ZH0VZ

ani`r` MMn0I

Innovations in safety, Health and
Enviornment

Am`mD\$...{d. à. _S V\$ {ZH0VZ, R0Jo

Safety awareness gM{j VV0-0bMr
OmJ`eH\$Vmg`mOnV ahUndr VolT`Znr E`m-m-V AmU
Vgo{ZiH\$m Or anhvno Ag0j V0-m-V CXnhaUoUm`Mr
Prbr Va br\$-bMH\$`nKr XW`m`B0. JnS`Mnt0{dVnzM
h0_0>Z dmaU0 {OZoMT`VnzM-CVaVnzM dm JnS`

Mrb{dVnz_m_nB dlnaUo bmbSbZoädmg H\$VnzM
I n\$ntomYeSZ bOHZ OntUoqH\$cmSä`nda ~gZ`ädmg
H\$Uo YndV OndSZ ~g , bmbSb nH\$SjUo Qagda nV\$
CS{dUo - {H\$H0> I i Uo hr Amë`m Zb_rÄ`m
nrhE`nVrb CXrhaUoAnhv. Aer BVa Ag\$` CXrhaUo
Amë`ntomXVm`Vrb. `nMm edQ>hmXKQZV hnb/no
`nMr Amë`ntomOntUrd AgVq na\$wAnKnV Xqje`nÄ`m
~m-VrV KSVnV Amë`ntom ~m-VrV Zhr Aem Jp-
g_OnV AmU anhvno

g_nOnV Safety awareness dntm, H\$
H\$Vnzmg\$mi` YnbH\$UoV`nMr AmYr`r{hVr {i ndr
d hnbUoAnKnV dmXKQZmQxi mi`nV`nV`i\$Zod. ä. _\$
V\$ {ZH0VZ, R\$Uo`nÄ`nV\$ 'Innovations in Safety,
Health & Environment' `m{df`nda EH\$m(XdgnMo
ami` MMmEj 3 \~w2007 anDr Wnbo~nOrand nēdo
g^mJhV Am`OV H\$E`nV AnbohnV

H\$m P\$`nÄ`m gūednVrbm V\$ {ZH0VnZo`nMm`
I r. Zm H\$ ga`nZr H\$m P\$`nMo`n nnhUo I r. S\$.
S\$. H\$ni o (Consultant, Reliance Industries
Ltd) I r. àH\$ne AmQe (MD, Syngenta) d S\$
ñQwAQ`hm (Director CE.H.S, Hunstman
Asian Pacific Pvt Ltd) d H\$m P\$`ntom CnpñVW
gd`n` danMoñdmV H\$bo

àno i hr. Eg. ^nH\$ao (Co-convener) `nZr
AnjñUH\$ j d d {ej U g\$Wm`nZr EH\$`DSZ Rm
nmD\$bo CMbndrV d EH\$`rV H\$m P\$`am-dndm Ago
gn\$JVbo

S\$ S\$. S\$. H\$ni o`nZr BbmQeH\$ CÚmVrb
g\$ j {V(m(safety)`nMo`hEd {dfX H\$bo VnV`hUmb
H\$ BbmQeH\$Vm dma g\$ j V Anho d i`dpñVW dma



^mfU H\$VnzM S\$. S\$. S\$.H\$mq i`ngnrRnda
SndrH\$SjZ S\$. ñQwAQ`{hb, S\$. i hr. i hr.
~G\$à, àH\$ne AmQe`àno i hr. Eg. ^nH\$ao

H\$omVa n`nēaUmbmYnb\$CX`dV Zhr. BbmQeH\$`m
dmnanZ\$E`nMr {dēhdm>bndVnzM ZdZdrZ nÖVtm
dma ihm bmdm Ago_V E`nZr`n\$bo

~nYH\$m j d nVrb`nR`nR`mànD\$Qg`mdo r
g\$ j VVm r H\$`nMr H\$ni Or`mi bmdr d E`ngnrR`
Safety coordinator ZqUH\$ ihm bmdr Ago_V
I r. {Jare`nXd (Asst. Director, National Safety
Council) `nZr`n\$bo

`nZ\$Va V\$ {ZH0VnMo{dÚmVU I r. S\$. ~r. H\$ni o
(Gr. Manager, BPCL) d I r. A{^OrV H\$H\$Uu
(Food safety coordinator, Cadbury India Ltd)
`nZr Packaging j d nVrb ZdrZ nÖVr`nda Paper
presentation H\$bo

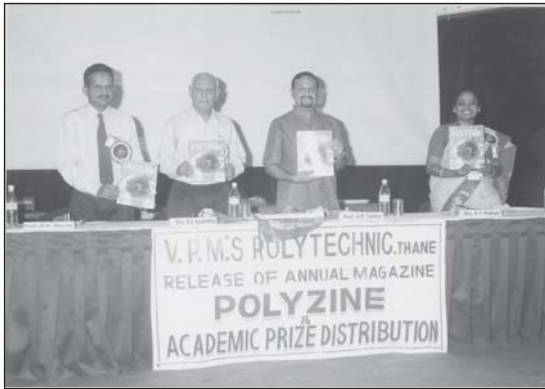
Xmma`m g`mV ZndnObē`m dSē`nMr ^mfUo
Prbr.`mg`nMo``àhUj S\$ {gUXZ gw`E`_ (Sr.
VP d Division Head, Clariant Chemical Ltd.)
`nZr H\$m`n{hbo

àrZnānA`mH\$m P\$`nV gdnZr ^m KVbm àE`b\$

OU daldolù`m{df`nMr`nfhVr OnUzr Kê`nV CEGH\$ hnb/m H\$ni P\$ nMmhm`mj I jnM NæZ Pribm

Innovations in Safety, Health & Enviornmen ho Hôdi ~Xdnê` Z anhvM Ê`nMo dmiVdm/ énnVa ihmdod Ê`ngnRæ gdnZr à`EZ H\$andV AgogndZ Organsing Secretary gnp dntbr (HOD, IS, Dept) `nZr Am`maàXeZnMo`mfU Hôbo d H\$ni P\$ nMr gndVmhôor.

nmfb{PZ nrfavmfH\$ {dVaU (2006-2007) g_nas`



SndrH\$SjZ àm Sæ. Hô. Zmê H\$, {d.à.`\$ g`ngX d H\$ni P\$ nMo AU`j I r. Eg. ìhr. H\$æKrH\$a, à`_l nnhJo EM. nr. VngH\$a d ghm{XH\$im àm gnp E. dm` . nmU`o

{d. à. `\$_\$i nMo V\$ {ZHôVZA`m gZ 2006-2007 `m dnfF\$ nrfb{PZ `m`nrfGH\$Mm àH\$neZ gnbi m d `eñdr d JldV {dÚmi`nMm ejj {UH\$ nrfavmfH\$ {dVaU g_nas` {X. 9 \0~dmar 2007 andr Wnabo~nOrand nedog`mj, RæJo`Wonna nSbm `m g_nas`nbm à`_l nnhJo àhUz I r. EM? nr. VngH\$a, ànMm`gìh`0~nrfb{PZ H\$, RæJchoCnpnVW hnb/o {dÚm

àgmaH\$`\$_\$i nMo g`ngX I r. Eg? ìhr. H\$æKrH\$a AU`j nVnZr hnb/o

guednVrbm à`_l nnhJo d`_m`danf`m CnpnVWn`m CnpnVWV {gèiha Á`w-brH\$SædnOAmbo H\$aUmè`m{d. à. `\$_\$i nM`mV\$ {ZHôVZnA`mH\$ni`JarVm dV Kê`nV Anbm

H\$ni P\$ nMr guednV`nV`danf`mhñVoXmà, dbZ d {dÚmi`nZr gnKa Hôbo`mBèñVdZnZr Prib. ñdBZrb à`^y m{dÚmi`nZr à`_l nnhJo l r. VngH\$a ganVr Anì I H\$æZ {Xbr. d Anbè`mnhf`nMod`_nV`danf`moinJAN> XDSZ ñdmV H\$aE`nV Anbo

{d. à. `\$_\$i nM`mV\$ {ZHôVZMonmM`© I r. Sæ. Hô. Zmê H\$`nZr V\$ {ZHôVZnA`mH\$ni nfm Am`ædm KDZ `eñdr d JldV {dÚmi`nZm d CnpnVW Agbè`m {dÚmVu-{dÚmWZm Y`dnX {Xbo d nrfæb H\$ni ngnRæ eiv`ANm {Xè`m nMm`Zmê H\$`nZr Best M. Tech ànO&O>ànbP {i {dbè`m nm gnp gnf`m Hôni H\$Ju `nMm {debf C,, d H\$æZ Ê`nMm Jmpd H\$aE`nV Anbm

à`_l nnhf`mM`m d`_m`danf`m hñVo V\$ {ZHôVZA`m`eñdr d JldV {dÚmi`nZm nrfavmfHô Xê`nV Anbr. Z\$ a à`_l nnhJo`_nV`danf`m hñVo 2006-2007`mgntbrVrb dnfF\$`nrfGH\$Mm àH\$neZ Pribm àm gnp E. dm` . nmU`o`nZm`mdnfF\$`nrfGH\$Mm ghmKZ Hôbo AgZ co-ordinator àhUz gnp ~r. E. Omer`nZr H\$ni nrfhbo gw-H\$ H\$ha nO {díd{XnH\$ eôbm`nZr V`na Hôbo

àH\$neZ gnbi`mXaa`nZ à`_l nnhJo l r. VngH\$a`nZr {dÚmi`nZm`_m`XeZ na`mfU Hôbo`mfUnV I r. VngH\$a`nZr {dÚmi`nZm`e`àmáMo YSæ XDSZ`àm`nrfUH\$Um OnngE`nMo AndnhZ Hôbo d MnsJbm {ej H\$ H\$gm AgVno`nMo CIm`CXnhaU àhUz Ê`nZr`_mDr`ànMm`©`_dW`Xna ganVr m C,, d Hôbm d

CnprñVVñH\$S\$Z QxU`nñ`mJOamV XnX Xê`nV Anbr.

H\$ñ P\$ nMoAU`j I.r. Eg. ìhr. H\$XrH\$`nZr Ambo{dMna _n\$bo d edOx`rfgH\$A`m gñmXH\$m àm gñ E. dm. nñj`o`nZr Am`na àXeZ H\$bo d ngm`XnZnZoH\$ñ P\$ nMr gñVmPmbr.

RaUo_hmm(bH\$m {dYr_hm(dUmb`

KQZm {XZ 27 OmZdmar 2007



KQZm {XZm`m {Z{ÌmZo à`l nñhJo àhUz` ^mfU H\$VnZm Ý`m nYre I.r. A^^ Anb\$.

_mJÀ`mdfuà_nJo`mdfuhr 27 OmZdmar 2007 amOr {dYr_hm(dUmb`nV\$ KQZmXZ gnOam H\$E`nV Anbm`ndio g H\$ñ P\$ nMod{eiOx AgdH\$, _B`C`f Ý`m nrb`nV gu`mH\$ñ @V Agbbol`m nYre I.r. A^^ Anb\$`m H\$ñ P\$ ng`^maVr`amÁ`KQZ{df`r`_mJ`XeZ H\$E`nV bm`bohñvo E`nZr KQZMoH\$bo_21 d ObX Ý`m AnqU Ý`m H\$`XV`m {df`nda Ambo{dMna

_n\$bo VgM Ý`m nrb`nV bdH\$AM dH\$b`àhUz` Ambr H\$maH\$X`gñe H\$Uñe`m {dUmi`nZm Annè`m AZñ`dmVZ Cn`P\$ Ago`mJ`XeZ H\$bo H\$ñ P\$ ng`{dYr`_hm(dUmb`nÁ`mà`nar ànMm`mGm`l r{dUmO`nH`ma VgM ànU`mH\$ dK CnprñVV hñvo`m H\$ñ P\$ ng`{dUmi`mMm CÌm`à{VgmX bm`bm. VgM KQZm {XZmZ{Ìm Kê`nV Anbè`m [Z`\$`ñnYmPd Knf`dn\$`ñnYVrb {dOê`nZmÝ`m`_yU I.r. A^^ Anb\$`nñ`m hñvo`{j goXê`nV Anbr.

{XemgnR\$ -

Ambo bd Z ghH\$m`Anó V Anho Annè`m AU`mZ {df`mVrb ZdrZ KS`m`mS\$, ZdrZ kmV j`do`m-m-V gmVÉ`mZo bd Z H\$Uo ho AU`mZmV gnñmè`H\$mar RaUmao Anho

Var AmUmH\$S\$Z bd Z Anó V H\$arV AnhmV.

`m_{hY` nVrb 23 \se-nnar hmgY JnS>Jo_hnanO `nMm
OY_{XZ. E`m{Z{ÎmZoE`nZr_Ë`mÎnV {bhZ Rabbobo{dMna -

^Höbë` mZm OdU Úm

VhmZbë` mZm nmUmr Úm

CKSçmbm H\$nsøÚm

~KamZm Ka Úm.

Ka XC eH\$V Zgmb Va,

Vw_À` m Amgarda Amgam Úm.

{eH\$VmoåhUo E`mbm {ej U Úm

amb` mbm AmfY Úm.

neinj mZm A^` Úm

~H\$manZm H\$m_ Úm

VéU VéUtZm {ddmhMr g\$Yr Úm

{ZamenZm Amem Úm.

{dÚm àgmaH\$ _\$i , R#Uo

Wnabo ~nOrand nedog^mJh

300 AngZq AmYqZH\$ ÑH\$I m` `§ UmCnbāY,
ngP dnVndaU, CnnhnanMr i` dñWm
dhmZoc^r H\$aÉ` mgnR# àeñV OmJm

gñH©

H\$m Òmh,

{dÚm àgmaH\$ _\$i , R#Uo

XpÜdZr ... 2542 6270